



THE ADVENTURE
starts here!

N° **1**
21-22

DOSSIER
Tour of the Fiz mountains P. 8

WITH YOUR FAMILY
Passy beach P. 24

BEHIND THE SCENES
How do you become a musher? P. 26

FOCUS
Le Plateau d'Assy P. 36

Editorial

Seize the day

Re-discover the treasures all around us

Take care of the ties that bind us

This first edition of Base Camp Magazine takes you on a journey to discover Passy's hidden treasures, facing Europe's tallest peak and the Fiz mountains. Between lake and mountains, the area offers sumptuous scenery and a broad range of activities to share. Passy's holiday professionals are here to take care of you! You'll discover them in this magazine in all their diversity, through their energy and love of the area, making Passy THE family destination in Mont-Blanc country.

Everyone in the team at the Passy Tourist Office hopes you enjoy your read and, naturally, they are all at your disposal to answer any questions you may have.

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TOURISME



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Camp de base Magazine

Published by: Passy Tourist Office

Editor: Laure Béchade

Design and printing:  trace Sallanches  IMPRIM'VERT®

Photo credits in order of publication: E.Thiolière, D.Baillet, W.Coulon, G.Borga, Rise Up, S.Revol, D.Garnier, G.Leroy, Godefroy de Maupeou, Mountain Access, Wedze, Passy Accro Lac, B.Roux, N.Ecuer, Session Raft, C.Houal, PVS Company, E.Courcier, Les Ailes du Mont-Blanc, Les Ecuries d'Antan, L.Jeffery, J.Heuret, les Granges de Heidi, Y.Cathand, J.Thierriaz, L.Viard, Ecolorado, S.Guillermin, G.Bottolier, A.Tobé, P.Strigler, C.Wi, Blaireau qui Brasse, Fruitière des Producteurs du Mont-Blanc, C.Leb Blanc, Lou Pachran, J.Roger-Veyer, Simon Morice Media, D.Chatrion, A.Fillion, Greniers du Mont-Blanc.

Contents

4 • What's new?

- 4 • Exclusive to Passy
- 5 • Interview with Laly Chaucheprat

6 • It's trending

- 6 • Two adventures to experience in Passy
- 7 • Mountain activities with a guide

8 • DOSSIER: Tour of the Fiz mountains

20 • KIDS base camp

- 21 • Top 10 kids' activities
- 22 • I'm learning to ski in Passy
- 24 • Passy beach
- 25 • Two bouncy activities to be enjoyed with your family
- 26 • Interview with Adélaïde & Andy
- 27 • Ski resort jobs

28 • FUN base camp

- 29 • Via ferrata de Curalla
- 30 • Interview with Johan Thierriaz
- 31 • High-altitude bubble of freshness

32 • ZEN base camp

- 32 • Lachat d'en haut
- 33 • Le Jardin des Cimes gardens
- 34 • Lac Vert
- 35 • Two zen combinations, snowshoes + sophrology

36 • On the CULTURE & HERITAGE side

- 37 • Spotlight on the Hauts Plateaux festival
- 38 • Interview with Delphine Chatrion
 - Contemporary sculpture trail
- 39 • Zoom in on the events
 - Nature & culture activities for all the family
- 40 • In the gourmet department
- 42 • Ski instructress &...
- 43 • Interview with Emmanuel Lacoste

44 • The PRACTICAL GUIDE

- 45 • Passy cocoons



Passy
Pays du
Mont-Blanc



Exclusive to Passy!

Year-round indoor skiing

SKI INDOOR 4810

In winter it's on the slopes of Passy Plaine-Joux that you can sharpen your edges and ski to your heart's content. But what if you're itching to put your skis on the rest of the year? Head for Ski Indoor 4810! Founded by Denis Dumax, a former Pôle France athlete, and Raphaël Lacoste, Ski Indoor 4810 is the largest indoor ski sports complex in France and offers two infinite ski slopes - one of which is the biggest in Europe - dedicated to board sports (ski, snowboard, telemark, adaptive sports and much more besides). The belt's angle and speed can be adjusted, allowing you to discover new sensations while adapting to skiers of every level and age. Each session is supervised by a ski instructor backed up by an innovative technology allowing you to learn quickly in total safety. Ski Indoor 4810 is the answer to the ecological problem of the melting of the eternal snows and our carbon footprint, allowing all enthusiasts and everyone who is simply curious to discover board sports.

545 rte des Outards, Passy
www.skiindoor4810.com



On the contemporary sculpture trail

LA GRANDE ÉCHELLE

Amongst the 19 works punctuating the contemporary sculpture trail, from Arve to the Cimes, there's one you mustn't miss: La Grande Échelle, the work of Charles Semser (1973) on the Plateau d'Assy. This giant sculpture made of reinforced cement dyed in the mass is a satire of the so-called advanced societies' desire for power over the so-called primitive societies. The main structure, consisting of two uprights forming the letter A for Africa, is besieged by a multitude of little figures whose function and delicate balance symbolise the different human characteristics and our social shortcomings. To be discovered on your own or accompanied at the time of a tour organised by the guides from Patrimoine Savoie Mont Blanc.

La Grande Échelle, Charles SEMSER (1973)



Flying in Mont-Blanc Country

FIRST FREE-FALL JUMPS

Thrills guaranteed! After a quick briefing, a helicopter will take you up to an altitude of 4,500 metres, a leisurely little flight before a 40-second free-fall followed by a ten-minute flight until you land on the plain in Passy proposed by William Hamouchi, a qualified parachute instructor from Rise Up-Extreme Skydiving & Wind Tunnel (more than 8,000 jumps under his belt). The only prerequisite for experiencing the adrenaline rush of this tandem free-fall leap into the void: wanting to do it and being aged over 14! One way of seeing things: keep your eyes skinned and take the souvenir of your exploit back home with you (rushes and 1-minute montage).

William Hamouchi also proposes microlight flights.

Rise Up - Extrême Skydiving & Wind Tunnel
whamouchi@gmail.com - Phone 06 88 22 71 86

Cross the bridge on foot or by bike

LA PASSERELLE

To cross the Nant-Bordon, there's one solution: take the footbridge suspended 20 m above the river! Built on the old road going from the Plateau d'Assy to the Lac Vert - two favourite destinations for walks around Passy - the bridge - 160 metres long and 1.20 metres wide - invites adventurous hikers and cyclists to cross. The bridge's design is light and ethereal, ensuring it blends into its surroundings. There's a forest path taking you to the footbridge which, when the weather's right, offers a view of Mont-Blanc.





LALY CHAUCHEPRAT

the Telemark champion
« made in Passy »

The skier from Passy discovered telemark six years ago. Since then the champion has been climbing and shines thanks to her talent and her heel. September 2020, the athlete joined the Telemark France A Team. 12 February 2021, Laly claimed her first World Cup podium, at home in Passy Plaine-Joux where she has been happily skiing since she was a child. Meeting.

Your first podium on home ground in February 2021: how did that feel?

When I'm skiing it's for the pleasure. That's what I had to highlight in my races at home. I said to myself, "you must just enjoy yourself, have fun, make the most of the moment offered to you here, at home." I was aiming for a podium during the season, but not necessarily at home! That was the cherry on the cake! My family were there, my parents were volunteers for the race and my brother came up with the bottle of champagne that was waiting to be opened for the occasion. And what a joy to experience this podium with my club, my partners and the representatives of the district that supports me, all present. The result was all the sweeter, winning at home!

You and telemark, tell us your story?

I'm 22 and I've been skiing since I was three. I did competitive Alpine skiing with the de Passy Varan ski club for 13 years. Then 6 years ago my club organised an introduction to telemark where I discovered this new discipline. I joined the Val Montjoie Télémarm association in 2016 so I could train. My mother has started too! Originally telemark was just a bit of fun I shared with her. In 2019, I chose to dedicate myself exclusively to my sport so I could perform as long as I could. Today I'm in the France A Team. Now that I've put my trusty staff in place to back me up, and with more intensive training, I've managed to achieve 4 top 10s at 5 World Cups, and in February 2021 I got my first podium here in Passy!

What is it that you like about telemark?

It's a pleasure because in telemark the sliding sensation is more fluid than with Alpine skiing; it's a lighter, more artistic feeling. In the powder, it's like you're on a cloud. This discipline offers new skiing sensations. I also like the special feel of the snow as you turn.

And have you got time for your personal life?

In the summer I work part time in a sports shop, and in the winter I'm also an instructress at Passy Plaine-Joux. My personal time is pretty well taken up by physical preparation: strength training, roller skiing, running and cycling, training at Ski Indoor 4810 where I'm an occasional instructress. I take about a month off at the end of the season... And I also make myself available for introduction-to-telemark sessions with the Passy Tourist Office (and Génération Télémarm) and, why not, with the ski-club and school children. But in the summer, I like to get away for a while with my family.

Where are your favourite spots in Passy?

We love to go to the Nant Bordon footbridge, the view's awesome there; and just above where I live I like to go up to the Varan refuge. And then the little paths above my place, on the edge of the forest.

To follow Laly : lalychaucheprat.wixsite.com/monsite

Instagram [laly_telemark](https://www.instagram.com/laly_telemark) // Facebook [lalytelemark](https://www.facebook.com/lalytelemark) // LinkedIn [laly-charcheprat](https://www.linkedin.com/company/laly-charcheprat)



Two adventures to experience in Passy

A suspended bivouac, what's that?

A night spent suspended from a cliff-side! Do you need me to tell you more? Well, you'll have gathered, the idea is that you sleep on a mountain side; an amazing experience and thrills guaranteed! And that's just what you can do with David Garnier, a mountain guide who proposes this original experience in the summer. After a 30-minute hike (200m ascent), an aperitif and a mountain meal, you abseil down a bit to set up your bivouac; the "portaledge", the incredible suspended bed. This isn't for the faint-hearted, but you'll enjoy the sunset, and slip into a starlit night facing Mont-Blanc, before the breathtaking breakfast at daybreak... A once-in-a-lifetime experience! (and why not the two of you together?).

www.davidgarnier-guide-montagne.com



Survivalism, Mike Horn-style?

How to survive in the wilds? This is a question we can answer in Passy, where you can learn to become a "Mike Horn" or a "Mountain Robinson Crusoe" thanks to the survivalism courses and workshops with Gilles Leroy and the bushcraft sessions with Stéphane Revol.

SURVIVAL WITH GILLES LEROY

To get his advice across, he starts by putting the participants' instinct for survival to the test. His approach - educational yet fun - allows you to try things out on your own to better learn to fend for yourself. Children love it! So, with the survival courses and workshops he organises in Passy all summer long, Gilles Leroy puts you in real-life situations. Delving into your backpack is always an interesting moment; because you don't need much, but what you've got must be useful when you go on a hike for instance. Knowing how to light a fire, find your bearings and feed yourself, how to make a shelter if you have to spend a night out in the wilds, how to treat an injury: that's what you'll learn with the survivalism sessions given by Gilles Leroy, who offers us precious tips on how to survive in the wilds or in hostile surroundings.

«The goal of survivalism is to prepare for a threat that forces you to flee or to survive in an isolated place. So we look at the following topics: your equipment, fire, shelter, orientation, eating and drinking, first aid, hygiene, rope techniques (crossing rivers, etc.), survival strategies.»

www.latitudecanyon.fr

BUSHCRAFT WITH STÉPHANE REVOL

You've always dreamt of learning how to get by on your own in the woods? Stéphane Revol proposes «bushcraft» sessions to show you how to improve your comfort by making the most of what nature has to offer. «This is right-on-trend at the moment, it's all up to you in the middle of nowhere. You'll learn how to light a fire by rubbing sticks, how to get by in difficult situations. You'll find the solutions for spending a bit of time far from civilisation.»

www.entre2mondes.fr



Mountain activities

with a Guide

The Fiz mountains at your fingertips

Cross-country skiing, snowshoe outings, ice cascade, igloo building, sled dogs, and even heliskiing are all on the menu for a vitamin-packed winter with Mountain Access. In the summer, opt for rock-climbing, via ferrata, trail-running, mountain biking, paragliding, rafting or photography courses. Ski or paraglider instructors, musher, glaciologist, ecologist... : all the team at Mountain Access are there to support everyone who dreams of tasting the pleasures and sensations of mountain activities all year round in Passy.

www.mountainaccess.fr

Cross-country Skiing

‘ It’s a great cardio workout! ’

Two routes leaving from Passy Plaine-Joux

Cross-country skiing has now made a place for itself in Passy, offering ski and nature lovers the freedom to leave their tracks at their own pace. Whether you're a beginner or an experienced enthusiast, cross-country skiing is a discipline that gets everyone's hearts beating in time. The principle? You use skis fitted with skins to slide up to the summit, out in the wilds, before enjoying a descent with a view of Mont-Blanc. No need for ski-lifts or passes: cross-country skiing means freedom!



La Grimpée des Lapins

Ascent 360m, 2.3km, 90 minutes to 2hrs depending on your level.

La Grimpée du Chamois Blanc

Ascent 460m, 5km, 2hrs30 to 3hrs depending on your level.

« The best part of these two routes is when you arrive at the top of the skiing area where there's a wonderful view of the Mont-Blanc, Aravis and Fiz mountains; an ideal spot for a picnic before skiing down through the fir trees. » Explains Capucine Louvel, head of tourist facilities in Passy.

For beginners: outings accompanied by ESF instructors from Passy Plaine-Joux and mountain guides. Equipment rental at Skifiz at the start of both routes.



Tour of the FIZ MOUNTAINS

- 
- 10 • 3-day treke
 - 11 • Interview with Stéphane Revol
 - 12 • Refuges - Zoom in on the Platé refuge
 - 14 • Trail-running version
 - 15 • Frosty version
 - 16 • Reach for the sky on the Fiz
 - 18 • Bivouac

3-day Trek

In the heart of Passy Nature Reserve

Setting out on a trek, it's like going on a journey.

Three days and three stages for a panoramic exploration of unspoilt nature. Along the way you'll see marmots, and if you look up, bearded vultures - the Passy mountains' emblematic bird of prey - soaring overhead. Choose these refuges so you can fall asleep closer to the stars and wake up with the sun, in total silence and calm, luxury and pleasure surrounded by nature. Trekking is on-trend, it's an accessible way of travelling to feast your eyes and fill your heart: to be experienced with your family in the summer in Passy! Follow the guide...

Between the Giffre Valley and Mont-Blanc, the Fiz mountains offer a great area to be enjoyed in total freedom. Setting out from Passy Plaine-Joux, you can choose the route that suits you best: from 2 to 7 days of walks to more sporting hikes, as the fancy takes you. The route is

punctuated by nine refuges nestled in the heart of the Fiz; stopping places where a well-deserved meal or a moment's rest will be on hand, and where the wardens will do all they can to take care of you. With their easy access, the Châtelet d'Ayères and Varan* refuges are

perfect for your first night in the mountains. For a total change of scenery, discover the Fonts, Sales, Gers and Anterne Alpine meadows. And for keen hikers, why not attempt the sporting alternatives departing from the Platé refuge for example.

* The Varan Refuge will be closed all summer 2021 for works.



The first Tour of the Fiz for Virginie and her family

«Our minds were made up, we wanted to go on a family trek! We chose the 3-day Tour of the Fiz, sleeping in refuges. The views were magnificent every day, we really got an eyeful!! Let me tell you all about it, starting by describing the route (let me warn you, you're seriously going to want to go on this trek too!)...»

- For the more athletic ones among you, climb up to Platé from Passy
- For families with young children, you can take the Grandes Platières cable car to go up to Platé

Discover the 3-day Tour of the Fiz route taken by Virginie and her family and their story on her blog:

www.lesaventuresdARTHURETthibaut.com

Postcards

The Tour of the Fiz offers the senses a variety of landscapes, with Mont-Blanc in the background. Large meadows and lakes, limestone cliffs and the lapiaz (limestone plateau) desert: Three different settings to plunge into as you walk along; three postcards to take away with you etched into your eyes as a souvenir of your Tour of the Fiz.

LE LAC D'ANTERNE

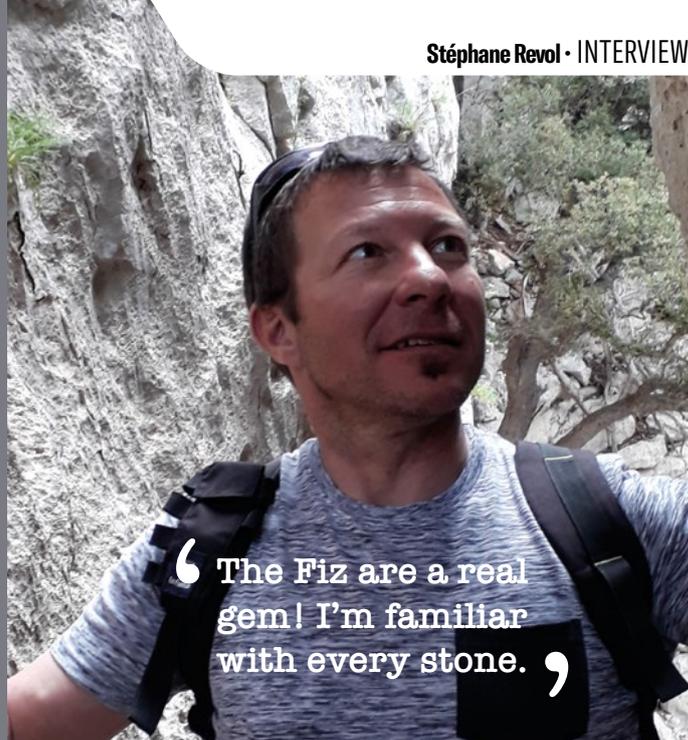
This mountain lake is perched at an altitude of 2,000m at the bottom of a cirque surrounded by peaks and edged by wild Alpine meadows inhabited by marmots, grouse and ibex. Only accessible on foot, leaving either from Sixt Fer à Cheval on the Haut Giffre side, or from Passy going via the Anterne Pass.

DÉSERT DE PLATÉ

The largest lapiaz in Europe is a geological curiosity with a lunar landscape. Between the limestone rocks and the flowery meadows perhaps you'll catch a glimpse of some marmots or ibexes. Accessible on foot from Passy or by cable car from Grandes Platières in Flaine.

LIMESTONE CLIFFS

From the Aiguille de Varan to the tip of Sales, the Fiz Mountains are impressive owing both to their shape and to their height of 700m allowing them to elegantly overlook the Passy and Sixt-Passy Nature Reserves.



“ The Fiz are a real gem! I’m familiar with every stone. ”

If you really want to make the most of your first Tour of the Fiz, it’s best if you go with an enthusiastic professional. For 20 years, Stéphane Revol has been accompanying anyone curious to explore the Passy Nature Reserve.

Why is it best to have someone take you on your first Tour of the Fiz?

«The interest of calling on a mountain escort to accompany you is that they will be able to help you open your eyes. First, to discover the sensitive side of nature, beyond the practical aspect of hiking as a physical activity; to discover our planet differently, and respectfully. You’ll be able to explore the hidden places in complete safety. And then passing on my knowledge of this magnificent opportunity for exploration is important for me; sharing the magic of the mountains and adventure. That’s the state of mind and added value of a mountain escort.»

How do accompany people on a Tour of the Fiz?

«I love the vertiginous aspect of the Fiz, Aiguille de Varan, Tête du Colonney, the highest point to the west. But I don’t hike just for my own sake! The Fiz are a real gem!

And I’m familiar with every stone. Before considering a route, I meet the people I’m going with to get an idea of what they want, but above all of their walking habits, to adapt the type and length of the hike according to what they want and their proficiency. There are a multitude of variants and little nooks and crannies to discover, to explore in 2 to 7 days. I adapt to the group. Then I have all these images in my head, my brain and heart galloping ahead; I imagine “the film” of the expedition so that everyone can savour the experience.»

And what’s your favourite spot in the Fiz?

«I adore everything mineral! I love the precipitous passages of the Tour of the Fiz, its scree slopes and cliffs, the Platé desert, the largest lapiaz in Europe. This limestone aspect chimes with my passion for rock-climbing and my profession as a roofer in my everyday life.»

www.entre2mondes.fr

Map of the
Tour of the Fiz



SIXT-FER-À-CHEVAL



‘ Like a great stone fortress, the Platé desert is the largest ‘lapiaz’ (limestone plateau) in Europe. ’



WELCOME

to the desert!



ZOOM ON THE PLATÉ REFUGE

With Federica Furlanetto, the warden

In the heart of the Platé desert - a listed natural site and the largest lapiaz in Europe - nestles the Platé refuge, an unavoidable stopping place when trekking on the Tour of the Fiz or on a one-day hike with your family in the Passy Nature Reserve. This refuge has been run with passion by Federica, her husband Sylvain and their 3 children for the last 6 years, from June to September.

Why is the Platé refuge a little nugget?

«People who know and do the Tour of Fiz often want to go via Platé. The valley's inhabitants appreciate the desert because it's a balcony giving on to Mont-Blanc. Some people also come for the site's geology shaped by the water from the glaciers that created these impressive surfaces. If you come for the day, you can picnic outside the refuge or come in to cool off with a homemade drink; or even spend a night, and for families it's often the first night.»

What's really great about the Platé refuge in your view?

«The fact of being at an altitude of 2032m, in a place that cars can't get to. No noise, no stress. People arrive here without a care in the world. They've walked for a few hours and arrive here feeling a sense of relief. I love welcoming them and talking about the surrounding nature. I prepare little homemade dishes for them with wild herbs that I gather around the refuge, such as nettles, chervil and wild spinach. I also serve cool drinks with plants harvested in the spring in the valley and then dried, such as kidney vetch, a little pink flower with a raspberry flavour.»

How do you get to the Platé refuge?

«There are several ways of getting here: there's a direct access from Passy for a hike taking about 2hrs30 (800m ascent), or from another refuge when you do the Tour of the Fiz, from the Sales, Alfred Wills or the Châtelet d'Ayères refuge. In July and August, you can also take the Grandes Platières cable car in Flaine, and then walk down to the refuge for an hour.»

A family story passed down

«My husband's mother kept the refuge before us, so we were familiar with this rustic, family-sized refuge sleeping 35 in dormitories and 18 tent pitches outside. Water is in short supply here; which allows us to raise the hikers awareness of the abundance and importance of this natural resource. We cultivate our garden outside the refuge and our cellar allows us store our crops for quite a long time. And then we bake our own bread at the refuge. I love strolling on the lapiaz around the refuge. And the little shapes taken on by the rocks stimulate the imagination; a fun walk with the kids!»

www.refugedeplate.fr



THE TRAIL-RUNNING VERSION

Running around the Tour of the Fiz? Thomas Janichon knows all about the Passy Nature Reserve, his base camp that he shares with the athletes from Team Matryx, which he has managed for the last two years. This enthusiastic and experienced trail-runner offers his precious tips for making the most of the Tour of the Fiz experience in the trail-running version.

Trail-running and discovering the Fiz: are they compatible?

«You make the most of this natural space, yes. Fifty percent of the time you run the Tour of the Fiz facing Mont-Blanc. The grandiose scenery and the energy of the nature reserves help us to surpass ourselves.»

What are your favourite spots in the Fiz Mountains?

«The Passy Nature Reserve as a whole, and its refuges on a human scale. The Passage du Dérochoir and Lac d'Anterne are magnificent. And then running through the lush meadows with no one in sight, that's amazing. I particularly like the path between the Alfred Wills refuge and Anterne with the bit where you pass close to the cliffs before you arrive on the meadows and plains around Lac d'Anterne.»

And if you want to take part in the «Tour of the Fiz Trail-Run» ?

«This event proposes some wonderful races in unspoilt surroundings, which corresponds perfectly to the spirit of trail-running and Team Matryx, because nature is THE race track. All trail-runners aim to be eco-responsible. The Tour of the Fiz Trail-Run is a physical feat, but it also allows you to discover an area in total safety with sign-posted routes and refreshment posts provided.»

FIRST TRAIL-RUN IN PASSY:

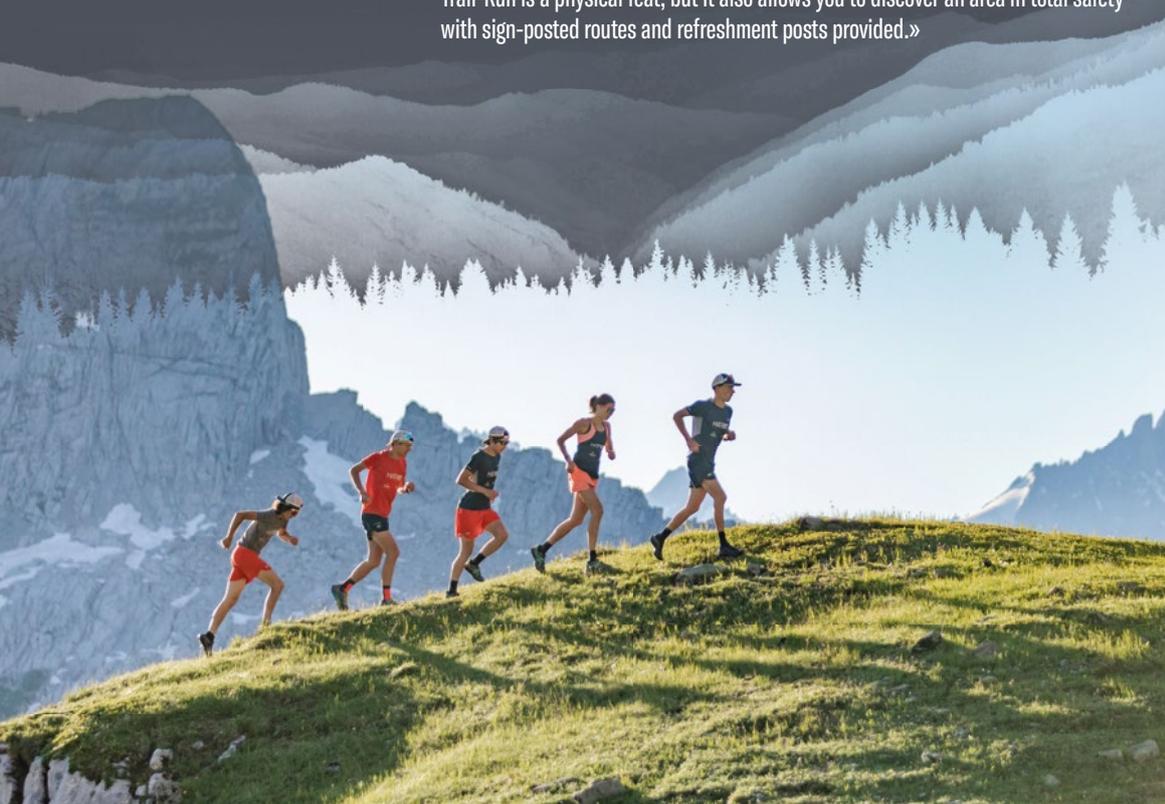
Thomas Janichon's tips



In a nutshell, trail-running is a race along paths. On the Tour of the Fiz, we run mainly on the hiking and mountain paths. For me, that's the definition of freedom! Besides choosing a good pair of shoes suited to the terrain and your level, you must be quite familiar with the mountains. For example, the weather can change very quickly and your running kit must allow you to cope with this. To begin with, I recommend setting off from the lake in Passy, and going to the Chedde Slopes before carrying on to Plaine-Joux. Then, depending on how fit and proficient you are, you can carry on your run taking the sign-posted hiking paths to the Anterne Pass, before going down to the lake with the same name. An alternative: why not go up to the Platé refuge or to the Varan refuge for a greater distance/ascent ratio.

About Team Matryx: This professional trail-running team consists of 10 athletes whose base camp is in Passy, which is also their partner. To find out more:

www.team.matryx-textile.com





Frosty Version

With snowshoes

**With Yoann Gautheron,
Mountain escorts**

«I live on the Plateau d'Assy so the Fiz, they're my garden! The great snowshoeing classic is the Tour des Ayères with an escort. On the southern slopes, you go through an Alpine hamlet with view of Mont-Blanc; you get the impression that you have reached the end of the world in this little village. At the foot of the Pointe d'Ayères (altitude of 2700m), you can see ibexes and chamois, and overhead, bearded vultures. It's great to get away from the paths when you know the area, and make your way through wild expanses. More than a moment of sport, it's a moment of conviviality, you can take your time. And when you follow a guide, you can lose yourself in the middle of the forest and savour the moment as you cross virgin snow fields!»

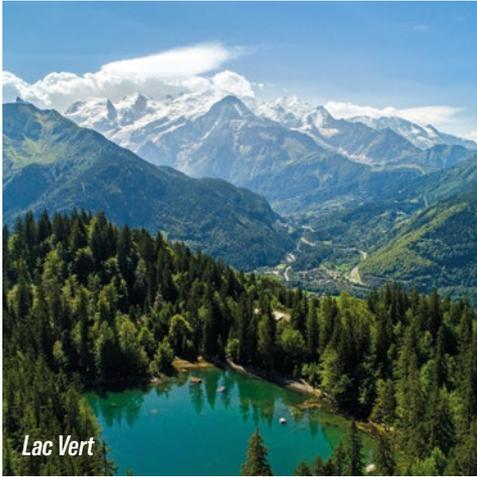
Cross-country skiing

**with Jean-François Colignon,
Mountain Guide with Mountain Access**

«For a cross-country ski trip, I like leaving from Plaine-Joux early in the morning at about 7.30/8am and head for Ayères, and then Col d'Anterne with the hikers I am accompanying. That's a lovely wild hike through the Fiz: you have to be pretty fit, and a good skier. We go up to Pointe Noire de Pormenaz walking up with crampons through the Chorde corridor. Once you reach the summit the south face of the Fiz lies ahead, with Mont-Blanc and a panoramic view over Beaufortain and as far as Valais. How rewarding! And then we ski back down; as the route is north-facing, the snow conditions are ideal. You can also opt for a cross-country round trip to Col d'Anterne; even for this outing, it's very important not to adventure out on your own, and without being really familiar with the topography of the Fiz; because in the space of just 300 metres you can go from a flat area to steep avalanche-prone corridors. And its obligatory to take your safety equipment with you, you'll need a shovel, avalanche beacon and probe.»

Gain altitude

from the Fiz



Lac Vert



Alfred Wills refuge



Sales Valley



Lac d'Anterne





Fiz rocks



Sales Waterfall



Passy tourisme



4 810 likes

Savoie Hélicoptères You want to discover the beauty of our mountain scenery?

The company and its passionate pilots, all mountain experts, can offer you different types of outings: Panoramic flights lasting between 15 and 50 minutes, or flights with a gourmet stop at a high-altitude refuge. An original activity, ideal for reaching for the sky over the mountains of Mont-Blanc country.

www.savoie-helicopteres.com





Bivouacking in the mountains is something many adventure-seekers dream of. Sleeping out under the stars, then waking up in the mountains, it's magical. But before you pitch your tent in a nature reserve, there are a few rules you must observe. The bivouac rules explained by Julien Heuret, warden-technician at the Passy Nature Reserve.

BIVOUACKING

in the Passy Nature Reserve

RULES AND BEST PRACTICES

You may only pitch your tent after 7pm and you must take it down before 9am

«Camping is prohibited in the nine nature reserves in Haute-Savoie managed by Asters, Conservatoires d'Espace Naturels de Haute-Savoie. Bivouacking is permitted in the mountain reserves, but this is subject to some rules. You may only pitch your tent after 7pm and you must take it down before 9am.»

Protecting our natural surroundings, that's everyone's business!

«Bivouacking in natural areas is regulated to ensure respect for the flora and fauna, for a natural playground that is home to a rich flora and fauna, a wonderful biodiversity. Without forgetting respect for the tranquillity of the surroundings, for these silent, peaceful mountains. It is prohibited to use sound instruments, a guitar connected to a speaker for example. Ditto for fires, and hikers must take all their waste back with them in their backpack.»

The mountains are shared with farmers and shepherds

«When you want to set up camp, it is prohibited pass through fences, or walk through a herd. You must inform the shepherd of your presence when you come across a herd; the herding dogs, the «patous», protect their herd and won't let anyone get close. That's one of the reasons why dogs are not permitted in nature reserves.»

The role of the nature reserve warden

Guardian of the mountain spirit, the warden is a commissioned and sworn official who supervises the nature reserve and ensures the regulations are applied. The warden draws up a report in the case of any violation of these regulations. Employed by Asters, Conservatoire d'Espaces naturels de Haute-Savoie, Julien Heuret also ensures a scientific mission monitoring the flora and fauna, and the mountain lakes in the framework of the «Sentinelles» programme. He has been a warden at the Passy Nature Reserve since 2012, and he has also been involved in the reintroduction and monitoring of the Bearded Vulture for 30 years.

www.cen-haute-savoie.org





A well-lit *Bivouac*

Zoom in on the headlamp, made in Passy

Up there in the mountains, there isn't any electricity, just the moon and the stars for light! So, if you want to see a bit better at night, the essential accessory you'll need in your backpack is a headlamp. So, we opt for the «Be-liight», imagined and made in Passy, whose featherweight and robustness are ideal for setting out light for a well-lit hike and bivouac. «I spend my time running in the mountains. As a technology freak, I have been making my own headlamps for several years now. At Be-liight, the ecological and sustainable aspects are things we care about, that's why the head-straps for our lamps are made of recycled bicycle inner tubes, and the plastic parts are made of PLA, a 100% biosourced and biodegradable plastic.» Explains the creator of this eco-designed headlamp.

www.beliight.com





Kids BASE CAMP

Passy, in Mont-Blanc Country, and it's the base camp for little pixies and elves: kids are really at home here! Having fun close to nature, discovering the mountains and playing freely with your family:

the skiing area, the Alpine meadows and the activities all year round in the heart of these gentle and natural mountains offer a playground that is sure to keep them happy.





7

My first paraglider flight with an instructor from Passy



Introduction to sled dogs with the Granges de Heidi

1



6

Adventure trail at Lac Passy with Passy Accro Lac and at Passy Plaine-Joux with Accro'cimes



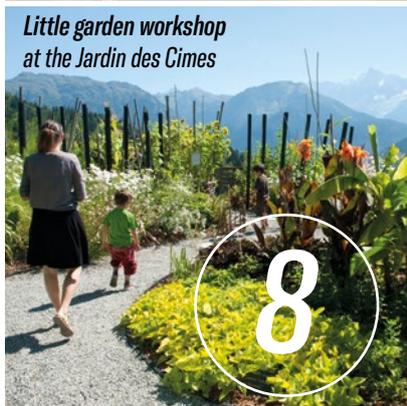
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Trot'Top Trottinette off-road e-scooter



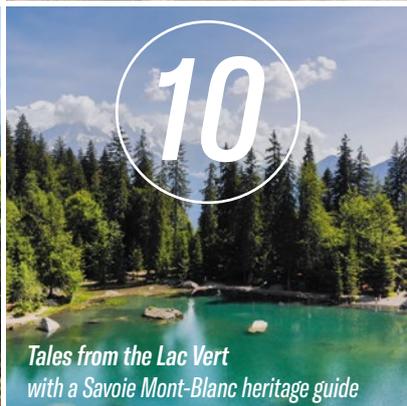
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Bouncy games on Lac de Passy at the Mont-Blanc Aquapark



Little garden workshop at the Jardin des Cimes

8



10

Tales from the Lac Vert with a Savoie Mont-Blanc heritage guide



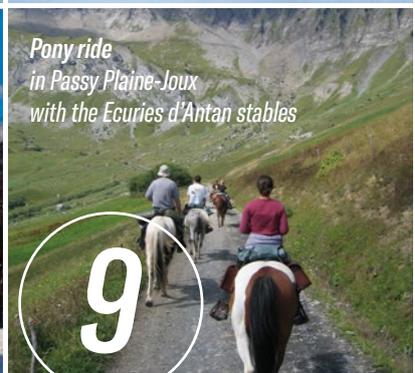
5

Build an igloo with Stéphane Revol



3

Snowtubing with Skifiz



9

Pony ride in Passy Plaine-Joux with the Ecuries d'Antan stables

Top 10 activities for Kids

I'm learning to ski in Passy

Situated right in the heart of Mont-Blanc Country and protected by the majestic Fiz Mountains and its nature reserve, Passy Plaine-Joux resort benefits from exceptional views, with sun all day long thanks to its southern exposure, at altitudes of between 1358 and 1740m. Passy Plaine-Joux is a 100%-family resort ideal for kids to start skiing, for learning Alpine skiing and having fun making the most of the various snow games.

Julie Croizet, the new head of the École de Ski Français in Passy-Plaine-Joux

«I'm the new head of ESF in Passy where I've been a ski instructress for 20 years. My dream? It was to become champion skier! My passion is teaching and also transmitting the values of the mountains, raising awareness of our natural surroundings. It's here that I get the greatest pleasure: helping them take their first steps and watching them skiing on the slopes of a resort suited to their needs; a resort that's ideal for developing your skills too. We also work with youngsters at competition level, and Alpine ski and telemark events are organised here in Plaine-Joux throughout the season with the clubs in the valley.»

When she's not on her skis, Julie Croizet is an upholsterer. Discover her world on p. 45

The Espace Lutins is the kids' spot in Passy

A place just for them: with a pixie hut, snow carpet, children's ski run with modules, a toboggan run and a snow play area. The Espace Lutins is open to children accompanied by a parent under the supervision of an activity leader during the resort's opening hours. Alongside the toboggan runs and the Espace Lutins there is a specially constructed snowtubing run: a new way to slide on giant inflatable rings that spin round in every direction! During the winter and February holidays, the kids can also make the most of the 100%-snow activities.





Passy Plaine-Joux, a playground in the snow

PLAINE-JOUX IS THE WINTER BASE CAMP FOR CORALINE AND HER CHILDREN AGED 6 AND 8

We live on the Plateau d'Assy, and we like to come up to Plaine-Joux leaving home and crossing the Nant Bordon footbridge and going around the Lac Vert. We load our cross-country skis onto the toboggan, and we ski down along the same route. The children go cross-country skiing in Plaine-Joux, the loop is great for kids their age! We also like the snowtubing. The nearby toboggan run is great too! As we're from Passy, the children do downhill skiing with their Dad. It's brilliant being able to ski on runs suitable for

children just next to your home. We take part in all the festivities and events organised in the winter, where the kids can enjoy other snow-related activities such as igloo building and avalanche beacon hunts during the White Base Camp Days. And then we like to go and eat some bougnettes (potato fritters) at Lou Pachran's or go to the Bergerie to devour pancakes beside the slopes. »





Passy Beach

Take off your hiking shoes, and slip on your swimming costume!

Head for the Lac de Passy, the largest lake with facilities in Mont-Blanc Country, ideal for swimming and family leisure activities.

Whether it's on the beach with its supervised bathing area (July-August) or around the grassy creeks of the Lac de Passy, enjoy some lovely family moments, with views of the Fiz and Mont-Blanc. Get your buckets and spades out so the kids can build sandcastles to their heart's content on the beach! And between dips, the kids love jumping into the water from the bouncy trail. A must for the family: go stand-up paddling, windsurfing or on an e-boat trip.



A multi-activity day on the beach

The Lac de Passy leisure centre is also one of the kids' favourite spots! Their favourite playground? Passy Accrolac and its 9 treetop trails accessible from the age of two, with a continuous lifeline system and - an exclusivity - a sensation area for the not so young with an air bag, human catapult and bungee trampoline. Back on the ground, the children can also jump on their mountain bike and take a ride around the lake to the nearby forest. Other activities popular with the kids in Passy: the orienteering course, with a map in their hands, playfully looking for the signs that will take them to the lake. Bouncy games, fun-sports course, mini-golf, fishing, volleyball, pétanque and go-karts are among the other activities that families can enjoy all summer long at the Lac de Passy, the beachside base camp.

Two bouncy activities

to be enjoyed with your Family

‘ ...and they’re not just for kids! ’

IN THE SUMMER

To cool off, jump on the bouncy water games installed all summer long on the Lac de Passy. Climbing, sliding and diving from the inflatable modules for all the family, with kids starting from the age of 8, a 45-minute full-out session’s on the agenda (it’s as good as a cardio workout, dear parents!)

To book a session

Phone +33(0)7 83 67 48 38

Mont-Blanc Aqua Park at the Lac de Passy



Snowtubing in Passy Plaine-Joux

IN WINTER

The other star activity in the winter: snowtubing! Sitting on inflatable giant rings spinning around in every direction, you hurtle down the specially designed slope. Toddlers aged two, accompanied by their parents, can play on these giant rings. A fun activity to be shared with all the family. An unmissable activity for endless uncontrollable laughter.

Ring and helmet rental (helmet compulsory for children) from Skifiz

Phone +33(0)4 50 58 87 21

PROFESSION MUSER

Meeting with Adélaïde & Andy, Les Granges de Heidi



Immersion with the dogs out in the wilds: treat yourself to an original experience in Passy, in the winter on a sled, and as a hike in the summer. Accompanied by their accomplices, Adélaïde & Andy take the naturally curious out to explore Passy Plaine-Joux, differently.

How do you become a musher?

«I grew up in Mont-Blanc Valley, surrounded by sled dogs! My mum had a pack and we mushed for fun. I loved it so much I decided to make it my profession and I passed the exams. I've been a full-time musher with my husband for the last seven years.»

You propose sled outings: how is that organised?

«Before setting out we show the participants the harness and equipment and introduce them to the dogs that are going to take them out, we explain their character, how they function, their approach to overcoming fear when that arises, and we invite them to make the most of their ride to observe the unspoilt nature around Passy (with a word about the environment in passing). Each participant sits on a sled, children with a parent. Everyone can come!»

Can you introduce us to your dogs?

«There are 21 different dogs in our pack: Siberian huskies, the best known, the ones you see on postcards, hyper sociable and multi-skilled, Alaska huskies known for their strength, Greenland dogs, the burly ones. A great mix of performance and sociability for a safari team. Our leader of the pack is also the lead bitch, she's called Yepa "princess of the winter", a 10-year-old husky female. We also have Ninja, an Alaska husky also a young leader, on the alert like a ninja! Then there's Câlina, not a real sled dog, our pet sheepdog who likes to follow her mates!»

How is the team organised?

«We train the dogs as they grow and we take their special characteristics into account. We note any drop in form or performance they may have, and their mood. These are living beings! The teams are pretty much fixed, that's why they're called teams. We take the snow conditions into account because some of them like powdery snow, like the huskies, whereas others prefer it when the snow's hard. And then some of them suffer from heat stroke. We prefer to take the old dogs out at the beginning of the season, allowing

the younger ones to grow in strength as the weeks go by.»

You also work a lot in the kennels, I suppose?

«365 days a year! It's not just a question of sled outings, we have to feed the dogs, clean their living quarters, take care of them... When necessary, we have to get our shovels out to put snow back on the piste, or to remove snow from the kennels when the weather's bad! We are "snow peasants", we're always outdoors, whatever the weather! No two days are the same!»

And in the summer, you go out with your sled dogs too. What is "cani-rando"?

«Cani-rando, well, it's a walk pulled along by dog, and it's possible starting from the age of six. You're attached to a dog with a belt, harness and lanyard. It makes kids want to walk, it's great fun! It's you who's directly involved, unlike in the winter. We meet up in Plaine-Joux for an outing to Lac Vert with a secret passage; a half-day loop combining adventure, exploration, and knowledge of the area, flora and fauna that I like to share.»



How does a ski resort Function?



A team of 30 professionals for the ski area

Passy Plaine-Joux is a family ski resort run by enthusiastic professionals who are committed to offering a wonderful place to ski. Capicine Louvel, head of tourist facilities, explains the functioning of the ski area that she manages with her team during the three winter months.

«From December to the end of March, the whole team is hard at work, at an intense rhythm to keep the resort running. A hive of activity with 30 people, that I manage with my sensitivity, the team's trust and attentiveness; where everyone's an expert in their role, and responsible for their position.»

Capicine Louvel

*Download the
map of the pistes*



ZOOM IN ON THE JOBS AT A SKI RESORT

Ten perchmen: responsible for their ski lift, they are in charge of operating and maintaining it, and they help the skiers get on the lift ("they hold out the 'perche' (T-bar) for you").

Five ski patrol-rescue workers: they ensure the protections are in place on the slopes, putting the markers in place, everything that's absolutely necessary (nets, stakes, mattress protection on the snow cannons and trees). They are in charge of opening the pistes, and closing them in the evening ("broom wagon"), they also help skiers in difficulty by coming to their assistance.

Three snow-groomers: they maintain the pistes (tamping, stabilising and levelling the snow) on the Alpine and Nordic ski areas. In Plaine-Joux, a large amount of snow levelling work is done to ensure comfortable, hazard-free skiing, and that the snow is of high quality. Plaine-Joux has two snow-grooming machines.

Two snow-makers: they manage the production of artificial snow on the ski area and the network of 28 snow cannons; starting up the production of artificial snow at the beginning of the season when the temperature falls to zero to build up a reserve in case there is any shortfall during the season up until 20 March.

Three mechanics: They are in charge of the maintaining the 5 ski tows, 2 magic carpets and the snow cable, and repairing them if they break down, intervening quickly to ensure a fluid flow of skiers. They help to start up the ski lifts in the morning.

Three cashiers: they are in charge of welcoming the skiers, informing them and selling the ski passes.

Three multi-function staff: they are in charge of the car parks directing the traffic, cleanliness and cleaning the resort's public spaces, and taking over from the perchmen during their lunchbreak.





Fun BASE CAMP

And to say the adventure starts here, in Passy: Yes! Between mountains, lakes and a river: a host of natural treasures for activities suitable for the entire family.

In the water, on land and in the air, there are so many sensations to be experienced for the first time!

Zoom in on paragliding, via ferrata, white-water sports; a sample of the experiences to be shared!

Zoom in on the via ferrata from Curalla to Passy

Unique in Mont-Blanc Country

THE VIA FERRATA, WHAT IS IT?

It's a mountain activity that consists of taking a trail built along a cliff-side, attached to a lifeline to keep you safe. The via ferrata is a sort of aerial sports walk.

THE ADVENTURE BEGINS ON THE PLATEAU D'ASSY

Head for the Curalla via ferrata, perched up at an altitude of 1420m, departing from the Plateau d'Assy. Moderately difficult, and accessible from spring to autumn. You must be at least 1.5m tall and have a good head for heights. The path is laid out along a limestone bar facing due south, overlooked by the Aiguille de Varan (length 500m with an altitude difference of 180m). It consists of a variety of passages with a succession of short, more or less vertical climbs, footbridges, monkey and wire bridges. Trip time? About 90 minutes. The route as a whole is a wonderful aerial balcony overlooking the Arve valley, with a spectacular background: Mont-Blanc.

Parking and access from the Plateau d'Assy entrance, taking the Curalla Path (approx. 20-minute walk).

*Map available at the Tourist Office reception or at:
www.passy-mont-blanc.com*

*Flyer
about the via*



*Your first via ferrata
with someone
in the know*

Setting out to conquer a via ferrata requires some equipment and specific knowledge of the techniques you'll need to complete the trip in complete safety. It's best to go with a guide for your first outing. Eric Chaxel, aspiring guide; David Garnier, Mountain Access; Adventures Payraud are the experts for this discipline in Passy.



SPREADING YOUR WINGS

à Passy



Take off from Plaine-Joux, considered to be one of the finest take-off sites in the world!
Meeting with Johan Therriaz, French Precision Landing Champion (2017) and paragliding instructor.

Why is Passy «one of the finest take-off sites in the world»?

«Visually, it's already one of the most beautiful sites in France, in the top three in my view, because you take off facing the Mont-Blanc range! And then the site was redesigned in 2017 with a mat, offering an excellent surface quality for our equipment and a layout greatly facilitating the take off for learners and paragliders. Plaine-Joux is also the fall-back site in Haute-Savoie; when you can't fly elsewhere because the wind's too strong, for instance, it's possible here because the site is protected by the Fiz mountains. Lastly, the

fact it is easily accessible by car (and quickly, just 20 minutes from the motorway exit) means that you don't have to count on the ski lifts, which is really practical. All these factors mean you can fly here all year round.»

How does a first paraglider flight take place?

«We meet up in Passy with the day's participants and take them up by minibus to the take-off site for a briefing, followed by a discovery flight lasting about 20 minutes. In the morning we do tandem flights with the lightest passengers, such as children (weighing at least 20kg, aged about 4 or 5) with a descent to the landing spot in a place

called Chedde in Passy; at the end of the morning or early afternoon when the wind gets up, we fly a bit further, it's the passenger who decides what they want to do, just like for the landing, sliding along on their backside (with an airbag underneath) or walking.»

And what if you have vertigo?

«There isn't any vertigo when you paraglide! As your feet are not touching the ground, you don't get any sensation of vertigo. Nor do you jump into a void! I'm a paraglider instructor and I have vertigo, I absolutely cannot do a via ferrata for example. But I've been flying for 30 years without the slightest problem!»

And for anyone who wants to fly solo?

«Aérofiz is a paragliding school. We have everything on the spot: a beginners' slope, the equipment and wonderful conditions for learning on the Passy Plaine-Joux site. The course lasts 5 days: Three days on the ground learning how to set up the equipment, run for take-off and untangle the webbing in particular, then two days learning to fly. For the first flight you receive radio guidance from an instructor. Anyone can learn, starting from the age of 12 and even if you're 72!»

Aérofiz parapente Mont-Blanc
www.aerofiz.com

High-altitude

Bubble of freshness

In the summer time, when the weather is hot, you can climb up into the mountains to cool off in the white water. Four options; four chilling experiences!

Fun!

Rafting down the Arve

In Passy, rafting is the flagship activity for cooling off in the summer! On-board a raft, an inflatable craft, you shoot the rapids, and you get soaked! Departing from the Passy base for an aquatic outing on the Arve, a river known for the strength of its currents. Other craft on offer: canoraft, airboat and hydrospeed. Activity organised by Session Raft and Ecolorado rafting.

With your famille!

Diosaz Gorges

Here's a refreshing trip when the weather's fine and wild when it's rainy. You can visit this site on foot walking along a shady path hanging on to the rock face or taking footbridges to cross the torrent to go to the Diosaz's five cascades; like mist sprays in the heart of the canyon. In Servoz, 15 minutes away from Passy.

www.gorgesdeladiosaz.com

Hang on for dear life!

Canyoning

The Balme area (Magland) situated just a few minutes away from Passy is an acclaimed canyoning spot. This very popular high-thrills activity consists of going down a river wearing a harness, abseiling or sliding down the natural water slides. Activity proposed by Latitude Canyon, Spéraka and Yaute Canyon.

Zoom in on paddle-boarding on the Arve



You can also go stand-up paddle boarding on the river here in Passy! After an introduction lesson, adventurers can go to the nearby Arve (about 30m) to go down the river for 7 km. An original white-water paddle boarding experience: with Mont-Blanc behind you, the Aravis and Fiz mountains reaching up above you. "The Arve is great for stand-up paddle boarding in Passy. You can learn the basics on Lake Passy: how to keep your balance, play with and learn the rules of river paddle-boarding. Slipping along with the current upright on the waves, it's brilliant and there's just one thing you want to do, and that's to start all over again," explains Mathias from Ecolorado Rafting. Activity organised by Session Raft and Ecolorado Rafting, see the practical guide.

Zen BASE CAMP

To recharge your batteries and unwind, what could be better than to plunge into nature. Alpine meadows, forests, lakes, gardens and limestone rock faces: Passy's different natural settings invite you to let go naturally and boost your energy levels.

Lachat *d'en Haut*

A gentle nature walk

Passy, is a mountain area criss-crossed by walking trails, in particular at low altitudes. Amongst all these hikes, why not start with a resolutely « zen » walk? A stroll through the forest to breathe, listen, observe, smell and feel, effortlessly. Just walk, advance, and savour the gift offered to us by nature. Set out to explore the Alpine meadows at Lachat d'en Haut passing by Zéta: this is the Number One Zen walk par excellence in Passy. Really agreeable in summer, this family hike takes you through the forest before arriving at the Lachat d'en Haut meadows offering a magnificent view of the Aiguilles de Varan and the Aravis. A 9.5km mindful walk with all your senses, step by step with a 780-metre heart-boosting climb, and at the end of it all a Zen moment, up there in the greenery of the Passy mountains.

*Hiking map available at the
Passy Tourist Office*





In the Jardin des Cimes

The benefits of contact with nature on our wellbeing have been amply demonstrated. Not to mention the power of flowers and plants on our energy levels. Why is the Jardin des Cimes so resolutely a "Zen" place? From the Jardin des Cimes, a mountain garden perched up at an altitude of 1000 m to the Plateau d'Assy, the view of the Fiz mountains and of Mont-Blanc will delight the contemplatively-minded. The nature at the Jardin des Cimes offers a poetical discovery of the mountain ambience, the plants and gardens of the world; a route and a one-hour walk through the different gardens open up your mind and senses. The Jardin des Cimes, is also an ideal spot for kids. Who said visiting a botanical garden was boring? The artistic and cultural workshops organised all summer long allow children to discover the world of gardens, playfully. In the summer, the Jardin de Cimes is also the haunt of yogis who come every Monday evening to feel the vibe in contact with the trees, to get in touch with their true nature and their essence.

www.jardindescimes.com

Yoga in the Jardin des Cimes

Every Monday in the summer, the yogis have | an appointment with Koby at the Jardin des Cimes in Passy! « One hour of Vinyasa yoga on the terrace facing Mont-Blanc to stretch our bodies, move, relax and reconnect with our "inner selves", » explains Koby. What is Vinyasa Yoga? Vinyasa yoga is a sequence of dynamic movements, initiated and harmonised by breathing; a free and creative type of yoga that does not impose any series of measures. Just benefits for the body and the mind.

« I find doing a yoga class in the Jardin des Cimes truly inspiring. Thanks to its very nature, this unique place offers a harmony of the elements: the Earth and its mountains, running water, the fire of the Sun, the air with the breeze that caresses your face, in the Jardin des Cimes it's as if you were suspended in a powerful energy, the element of ether. Beginners and experienced yoga practitioners come to this class, a lovely encounter between visitors, locals and seasonal workers. The challenge is to accompany them all through this experience of plenitude, mindfulness and union; the very meaning of yoga. » explains Koby.

Yoga Rendezvous every Monday from 6.30 to 7.30pm starting from 1st June at the Jardin des Cimes.

And also try Tai Chi, do-in, and craft soap-making workshops... and many other activities besides to be discovered on:

www.jardindescimes.com



Lac Vert

*The emerald
of Passy*

A gem! Nestling in the heart of the forest, this mountain lake owes its uniqueness and magic to the transparency of its waters allowing you to see the plants and life it supports. These elements, combined with the presence of blue algae, give this mountain lake its remarkable emerald green colour.

Perched at an altitude of 1266m, the Lac Vert offers its oxygen to everyone who feels the need to breathe and rise up. This little natural spot, a listed site, can be discovered on foot or by bike. For explorers, the orienteering trail around the lake allows children to enjoy themselves as they pierce the secrets of this lake. In winter, the white that covers the spruces and the green of the lake offers an astonishing contrast; a wonderful gift as you arrive on a snowshoe hike. And what can be said about the “zenitude” that emanates from this natural space? The Lac Vert is quite simply an invitation to meditation and contemplation. And the reflection of Mont-Blanc in its waters is truly a picture to behold.

Download the
brochure about
the Nant Bordo
footbridge



HIKING ideas

FROM THE PLATEAU D'ASSY, WHATEVER THE SEASON

***Walk from Plateau d'Assy
to the Lac Vert via the
Nant Bordo footbridge
(10km - 300m ascent, about
90 minutes)***

Very easy family walk combining sport, culture and pleasure with its panoramic view of Mont-Blanc.

Park your vehicle at the car park on Place Tobé, rue de l'église. A footpath through the forest then takes you to the Nant Bordo footbridge.

You carry on for an hour along the old road that goes to the Lac Vert.

FROM PLAINE-JOUX

***All seasons: The Lac Vert
loop (4km - 100m ascent,
about 1hr)***

From Plaine-Joux, go down the road and the paths through the forest following the signs to get to the Lac Vert from below. For the return walk, starting from the Restaurant du Lac Vert car park, go up the path taking you to the Châtelet d'Ayères refuge then turn left and pass above the Lake and go to Plaine-Joux.

***Winter: Barmus snowshoe
loop (8km - 390m ascent,
about 3hrs)***

Starting from Passy Plaine-Joux, behind the Maison des Lutins, there's a signposted path going off to the right and down into the forest passing by the paragliding launch area. This path will take you down below the Blaireau ski-lift then on to the Lac Vert. You'll then go up to the heights overlooking the resort, passing by Châtelet d'Ayères and the Mollays, where you'll be able to admire the breathtaking view between the Mont-Blanc range and Aravis.



Slow Emotions*



Zoom in on two Zen Snowshoe + Sophrology combos

With Guillaume Bottolier-Curtet

«Self-discovery in the mountains using bespoke techniques»: that is the goal that the mountain guide, ski instructor and sophrologist Guillaume Bottolier-Curtet has set himself. Born in Passy, Guillaume grew up on the Plateau d'Assy, in the heart of the unspoiled nature whose beneficial energy he knows well. The common denominator between sophrology and snowshoes? Putting your body in movement. The bonus when you combine the two? Self-awareness and awakening of your body. The sensory journey proposed by Guillaume goes beyond the pure techniques of sophrology and snowshoeing.

«There's no technical difficulty for this one-hour session in the heart of nature! Sophrology is an ideal outdoor activity because it is a dynamic relaxation technique. Snowshoeing is a gentle activity. Heading for the Barmus ski-lift in Plaine-Joux, and the Lac Gris, at the foot of the cliff and close to a stream. Caught up in the babbling of the brook, the break here takes on a meditative aspect and prepares you for a 10-minute session to become aware of your equilibrium, body schema and breathing. Then you close your eyes for a moment's directed meditation; I play the didgeridoo and mouth harp to help you relax. Each session is adapted to the group's energy and wishes. I love it when everyone gives their body and their spirit what they need,» explains Guillaume who also combines sophrology and Alpine skiing.

Respiralp - Phone 06 42 68 12 62

ON THE CULTURE & PATRIMOINE SIDE

Le Plateau d'Assy, *a cultural destination*

It is under the sun of the high plains of the Fiz mountains that some major pages of art history have been written. Indeed, Passy is home to a host of treasures. At the beginning of the 20th century, these high plains were chosen to accommodate one of the largest health spas in Europe. The town boasts a number of revolutionary architectural designs, some modern art and several contemporary sculptures. These former sanatoriums are a perfect illustration of the brilliance of 20th century architecture (Ancient Monument, «20th century Heritage» label).

Another symbol of the cultural wealth of the Plateau d'Assy, Notre-Dame-de-Toute-Grâce church, a listed Ancient Monument, highlights the renewal of religious art in the western world in the 20th century, with masterpieces by some of the greatest masters of modern art: Rouault, Bonnard, Lurçat, Richier, Bazaine, Braque, Matisse, Leger, Chagall, Lipchitz, Signori...



Spotlight on the Hauts Plateaux Festival

CULTURE AND NATURE AT THEIR PEAK!

This is the great summer event in Passy. In August, the Hauts Plateaux Company offers a drama festival in the natural setting of Plaine-Joux, with Mont-Blanc in the background, the Fiz mountains for backdrop and the stars as spotlights. Outdoor theatre at the foot of the mountains, the festival runs for a whole week of shows and workshops.

Satirical comedies, family plays and dramatised artistic excursions orchestrate this festival served up on a stage by the Hauts Plateaux company. Every evening, a show with all of the company's artistes in an open air theatre: fifteen artistes, lovers of words and the mountains, have chosen Plaine-Joux as their stage, in keeping with their ecological aspirations.

«A theatre that establishes a link between culture and nature. Our approach aims above all to be sensitive, with the aim of creating a place of questioning and dialogue with the audience. To achieve this, we have thought up an all-encompassing project: artistic performances, cultural and social initiatives in the region, workshops, encounters, as well as a refreshment stall, a friendly place for getting together and discussing things.»

www.festivaldeshautsplateaux.com



& NATURE & CULTURE

in Passy,

Although Passy - a mountain village in Mont-Blanc Country - is at the heart of nature, culture is at the heart of its history. Delphine Chatrian, an author and deputy mayor in charge of culture and heritage, tells us about the ongoing initiatives taken to preserve, enhance and highlight the nuggets that give her birthplace its unique «nature & culture» aspect.

«In Passy, each period in the history of France has left its mark. Although I was born here, there's always something new to discover in my community! Culture, that's my life and as I live in Passy, I'm in my element here. The Arts - all the arts - occupy a major place in the cultural life of Passy, a place that is famed for offering a beautiful setting for artistic events, especially outdoors, such as the Festival des Hauts Plateaux and the Musicales d'Assy which, each summer, bring together enthusiasts in the natural surroundings of the Plateau d'Assy and of Passy Plaine-Joux, with a view of Mont-Blanc, something unique in France. Passy is also the cradle of artists who deploy all their creativity and whose works can be discovered in the exhibitions that we organise in the arts centre. We welcome theatre companies for

residencies and organise a cultural season at the Parvis des Fiz from September to May. The cinema is also a cultural resource for Passy with the dynamism of Romain Bonnet, who represents the FJEP's cinema commission. Not to mention dance and music which will soon be brought together in the future dedicated school.»

A listed natural, historical and architectural heritage

«Passy has a history that stretches back to ancient times; we regularly discover new treasures! Every epoch has left its mark on the region. The four churches bear witness to their times: the Middle Ages, the Baroque period and the 20th century. The Plateau d'Assy has two historical monuments, Notre-Dame-de-Toute-Grâce church and the Martel de Janville sanatorium. The Lac Vert is a natural site that has been listed since 1909, and the Chedde waterfall - mentioned by Victor Hugo and that can be seen by anyone exploring the Chamonix glacier route - should be listed soon.»

Delphine Chatrian



Sun and mountains, Alexander CALDER, 1973

Contemporary sculpture trail

In 1973, the «Sculpture En Montagne» international exhibition went hand in hand with the conversion of the sanatoriums to transform the Plateau d'Assy into a place of wellbeing, art and tourism.

In the prolongation of Passy's history, there are today some fifteen monumental works dotted along the trail that takes you from the plain to the natural setting of the Fiz rocks (works by Brunelli, Cossin, Dupuy, Filippi, Gosselin, Romy, Roussi, and Sandel).

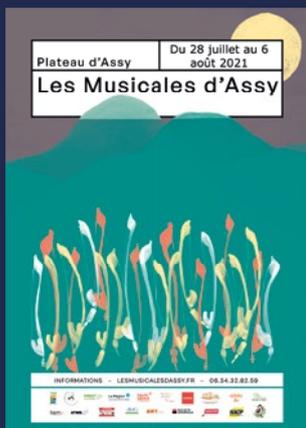
Semser's recently restored Grande Échelle, Cardenas's Porte d'Eau and Cyganek and Poulain's Regardeurs on either side of the Nant Bordon footbridge, rise up in the heart of nature. Guided tours are organised all summer long by the Savoie Mont-Blanc heritage guides.

This trail follows a very pleasant path along the river Arve, with the theme of the natural, mechanical and artistic riches of mountain waters (interpretation trail for the mountain landscape, hydro-electricity, mazes and contemporary sculptures by Basserode, Friedmann and Lerat).



Download your
"Splendeur du patrimoine" guide

Zoom in on the Events



LES MUSICALES D'ASSY

6th edition from 28 July to 8 August 2021

«Famous musicians give concerts in exceptional surroundings: Notre Dame-de-Toute-Grâce church and the Jardin des Cimes gardens in particular! On the programme: the Violon Lunaire association proposes jazz and classical music concerts, and even works mixing the two genres. The Quatuor Lontano (ex Koltes) will of course be present» www.lesmusicalesdassy.fr

"SALON INTERNATIONAL DU LIVRE DE MONTAGNE" BOOK FESTIVAL

31st edition from 6 to 8 August 2021

«A wonderful literary event offering meetings with world-class authors and speakers, at the time of roundtables and dedication sessions. Themes for 2021? The Alpine style and mountaineering in practice, architecture and writing. Looking forward to seeing you, this year at the Résidence du Fontenay Mont-Blanc!»

"FESTIVAL DU FILM AVENTURE NATURE AUTREMENT" FILM FESTIVAL

3rd edition from Saturday 11 to Sunday 12 September 2021.

«An adventure film festival, not quite like any other. The FFANA, no extraordinary sporting feats or super-stars. Adventure seen in an inclusive, committed, poetic and scientific way. The organisers are always on the lookout to unearth an original selection of films that will convince you that anyone can embark on an adventure in their own way, with their possibilities, to the other end of the world or just down their street.»

THE "HAUTS PLATEAUX" FESTIVAL

From 12 to 18 August (see previous page)

You'll find the cultural diary and programme of events at:
www.passy-mont-blanc.com



New in 2021: the Estivales du Plateau

Nature & culture activities for all the family

The "Estivales du Plateau d'Assy" summer festival - Every Wednesday in July and August at Tobé Square

"Take a plunge into the natural and cultural world of our mountains with tales, shows, concerts, creative workshops, wooden toys and make-up workshops. At 2pm set out on a nature and sculpture walk to the Nant Bordon footbridge (open to all). Different activities and shows each week for every audience starting from 4pm."



In the gourmet department

Something green on your plate: Le Café du Jardin

The café in the Jardin des Cimes gardens is an open-air restaurant that proposes savoury home-cooked cuisine, exclusively based on Savoy and/or organic produce. To be enjoyed in the magical setting of the Jardin des Cimes facing Mont-Blanc.

www.jardindescimes.com



To get a taste of the bougnettes potato fritters

• Lou Pachran, is THE Bougnetterie of the Mont-Blanc area! A traditional restaurant specialising in BOUGNETTES, potato fritters typical of Haute-Savoie.

www.loupachran.com

• You can also enjoy some bougnettes at Châtelet d'Ayères for the greatest pleasure of hikers wanting to recharge their batteries after a Tour des Ayères or a walk to the Lac Vert.

www.lechatelet.monsite-orange.fr



Recipe for a farcement

A traditional sweet & savoury dish to wake up the taste-buds of children and adults alike!

2kg of potatoes

250g of prunes

4 eggs

250g of sliced bacon

20 cl of crème fraîche

- Peel and grate the potatoes
- Mix the rest of the ingredients
- Line a baking tin with the slices of bacon
- Pour the mixture into the baking tin
- Cook in a double boiler for 5hrs
- Turn out the farcement, cut into slices and serve

You'll find this Savoy speciality at the Chalet Lilly and at Châtelet d'Ayères where they'll lovingly prepare one for you.



La Brasserie du Blaireau

Neil, « le blaireau » (the Badger) has burrowed his sett at the foot of Mont-Blanc. The Irish brewer joined forces with his Scottish accomplice three years ago to give birth to craft beers Made in Passy. There are four traditional beers maturing in the brewer's casks: artisan brews made with water from the Fiz mountains. Lager, amber, white and IPA, authentic brews, without any additives or preservatives, natural and with a strong personality like their mountain birthplace. Neil also imagines seasonal beers brewed with local produce from the Mont-Blanc Country (chestnuts, elderflower, etc.)

To be enjoyed in moderation
www.blaireau-brasserie.com

Respect for the environment is essential for the Blaireau, right from the launch of their brewery they made eco-responsible and well thought out choices. Among the initiatives they have taken:

- Installation of solar panels to heat the brewing water.
- Recycling of the packaging and shipping boxes.
- Labels made from recycled materials.
- With the goal of generating zero waste, we are starting to re-use the yeast, and the local cows are fed with our brewing dregs!



Ski instructress & ...

Manon and Julie are both ski instructresses at Passy Plaine-Joux. When they haven't got their skis on and aren't dressed up in red these two artists put on their aprons: a chocolate-maker's apron for one and an upholsterer's for the other. And they marry their art with their love for the Great White.

Manon Chenaval



«I've always had my nose in chocolate and my feet in the snow» explains Manon who runs her chocolate shop in Chedde. Her first passion is skiing! And her indulgence, her «Proust's madeleine», is chocolate! Already, when she was little, she enjoyed making treats with it. With her Ski-Studies baccalaureate under her belt, she gave confectionery a try, taking a course before deciding to learn how to make chocolate on a five-year apprenticeship,

with a short break to qualify as a ski instructress. Chocolate and skiing: two passions that she relishes and loves to pass on to

... *Chocolate maker*

others. «I'm an instructress at Plaine-Joux during the February school holidays; an escapade, a break that I allow myself to get my nose out of my chocolate, and enjoy Passy's other open-air flavours,» she adds. «Les Gourmandises de

Manon », that's her lair «in town», where she prepares her sweet delicacies, her chocolaty recipes with a touch of South and Central America. Her marshmallow teddy bear, that's her guilty pleasure; her praline-filled chocolate rochers are what she's best known for. We also love her hazelnut and praline spreads, her chocolate bars, sweets, lollies and mixed chocolates of which she alone knows the secret; and that everyone loves to nibble.

www.lesgourmandisesdemanon.com

Julie Croizet

«Craft artisan», Julie never imagined that one day that's what she'd be, but that's what she had always secretly wanted. «I was into DIY, I loved fixing things. When I was a child, I'd made things with my dad, I'd paint, sew, even cut people's hair!» she confides. Aware of her artistic sensitivities, she thought it wouldn't be possible to make a living doing a job like that. But she wanted to be an upholsterer. Her meeting with Ludovic Peyvel, an upholsterer in the green valley convinced her that her place was in a workshop. She then took a one-year course, gaining her CAP qualification as an independent

candidate, followed by a cabinet-making course, then working for a series of upholsterers before setting up on her own. In 2020, she opened her workshop, putting her creativity and artistic sensitivity at the service of others. «People call me to

... *Upholsterer*

breathe life back into a family armchair. I love restoring these ever so precious heirlooms; when I show them the finished work, that arouses an emotion in people and that's what enriches me so much, besides the object's

value», says Julie who also makes the furnishings for whole rooms with matching fabrics, taking care to capture the owners' desires and dreams. And what about skiing? That's at the heart of her life too! Julie has been teaching this sport for 20 years in Passy, after having worked in other ski schools in the Alps. To make up for the solitude of her artistic profession and the quiet of her workshop, she gets her adrenaline running and enjoys the community spirit of the ESF ski school in Passy Plaine-Joux, that she has just taken charge of: an exciting new challenge for Julie.

www.atelierjuliecroizet.com



MEETING WITH EMMANUEL LACOSTE

Contemporary artist and creator of
"la Crèmerie" in Passy



You have chosen Passy as the place where you want to express your art, can you tell us why?

«In 2015, I decided to leave Paris and I came to explore the Plateau d'Assy. It's a family story: my grandfather worked at the Mont-Blanc sanatorium for 40 years, and my father grew up in Passy. When I came back here I rediscovered Notre Dame-de-Toute-Grâce church and it was like a thunderbolt, a veritable passion for its historical riches and Passy's relationship with modern art!»

And you opened "La Crèmerie" on 30 March 2017. What's its calling? La Crèmerie, what is it?

«With my partner, a designer, we had a multifaceted project: a space for what we create and a workshop cum living place. We kept the name of the Plateau d'Assy's former dairy store, which had been open from 1940 to 1990 and which is part of the village's history. We started by inviting artist friends to come here.

The first year we put on exhibitions by contemporary illustrators, photographers, installation artists, to make our intentions clear straight away. La Crèmerie is a hybrid place that reconnects with the village's history and artistic vein, whose goal is to raise the public's awareness of contemporary art. We created the association at the time of the second season in 2018, in order to register La Crèmerie as a cultural project, rather than a commercial art gallery.»

How do you organise the exhibitions and choose the artists?

«The choice of artists is subjective: when the feeling is right for us, and from every horizon. To kick off the season this year, I invited Sandy Avignon, an artist from Geneva who works on the former sanatoriums, and then Christian Botale, a Congolese artist. I also invite local artists, even artists on holiday in Passy. We also host small concerts at the time of the Musicales d'Assy.»

And you, the artist, how can we present you? How can we describe you as an artist?

«In my work as an artist, I focus on the anatomical, political, and social body, and I tell stories. I come from a background in the crafts, and I've plunged into contemporary art thanks to my meetings with artists who have helped me and opened doors for me allowing me to work on other media, structures, sculptures, photos, videos and artistic performances (a direct action facing an audience, taking a theatrical, musical or recited form that delivers a meaningful message). This is something I'm passionate about and all the spaces here in Passy are suitable: the Cinéma La Caméra, the chapels, the sanatoriums and the Jardin des Cimes - where I have created an installation "Artifex in horto" - are all beautiful artistic scenes.»

273 rue de l'Église • Plateau d'Assy • www.cremerie.art

« La Crèmerie is a member of Altitudes, a contemporary art network in the Alps region. A token of the recognition and trust placed in the value of this space based in Passy, in the contemporary world »





PRACTICAL GUIDE



Focus on

4 Family accommodation in Passy



Well-being at the top

RESIDENCE HOTEL LE FONTENAY MONT-BLANC

Nestled in the heart of nature, close to the Plaine-Joux resort and the starting point for hikes, the Fontenay is the haunt for walk lovers and mountain activities in Passy. The residence offers 69 apartments for rent, from studios to T4 equipped. Open all year round, Le Fontenay is also a meeting point for epicureans who enjoy an on-site restaurant, lounge bar and entertainment, especially for children. Everything to feel good during a stay in the mountains!

Mountain chalet atmosphere

CHALETS « LES GRENIERS DU MONT-BLANC »

For those who dream of mountains and a wooden cocoon, Les Greniers du Mont-Blanc is the good address in Passy. 10 small independent chalets or "attics" form a micro-village on the sunny hillside of Passy, facing the Mont-Blanc. A view from the terrace or the balcony of each cozy chalet built in aged wood in the spirit of traditional dwellings.

My apartment in Passy

APARTMENT « LES CLARINES »***

Facing the Fiz mountain and the Quatre Têtes, a stone's throw from the Notre-Dame des Alpes church, this 62 m² apartment is ideal for a small family wishing to put their suitcases down in Passy and feel right at home: 2 rooms, free private parking and small garden.

Too happy at Lake Passy

TOHAPI CAMPSITE « LES ILES »

View of Mont-Blanc, near the lake: the stage is set! The Tohapi "les Iles" campsite is the favorite address for families wishing to combine a stay in the mountains and at the beach. After a hike in the Fiz and the Passy Nature Reserve, put on swimsuits and flip flops to reach the Lake Passy beach located 150 m away, where many activities for children to have fun: inflatable courses on the water, stand-up paddle, adventure course in the trees and many other activities (see page 24)! Mobile homes, chalets from 4 people and pitches to park their van or pitch a tent: everyone has their choice of roof for a camping stay in Passy.



Leisure and nature activities

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Mountain Access



©Mountain Access

Mountain Access is the mountain activities office in the Mont-Blanc valley: Chamonix, Saint-Gervais, Megève and Passy. We book for you our professional alpine guides and leaders with no extracosts all year round.

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GORGES DE LA DIOSAZ

© Laurent Vard



HIKING ROUTE ITINERARY

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545 route des Outards

74190 **PASSY**

☎ 00 33 7 66 72 70 87

info@skiindoor4810.com

https://skiindoor4810.com/

SKI TOURING ITINERARY: THE WHITE CHAMOIS CLIMB

SKI TOURING ROUTE

This cross-country skiing path is accessible to beginners. Halfway through, admire the Lac Vert and take a break at the Lac Vert restaurant or the Châtelet d'Ayères restaurant. Descent by the tracks.

321 Chemin des Parchets

74190 **PASSY**

☎ +33 (0)4 50 58 80 52

info@passy-mont-blanc.com

SKI TOURING ITINERARY: LA GRIMPÉE DES LAPINS

SKI TOURING ROUTE

This beautiful ski touring path in the forest is reserved for skiers who master conversions. Descent through the slopes.

321 Chemin des Parchets

74190 **PASSY**

☎ +33 (0)4 50 58 80 52

info@passy-mont-blanc.com

VIA FERRATA OF CURALLA

VIA FERRATA

From the end of April until autumn, challenge yourself on this unique via-ferrata in the Mont-Blanc valley. With an affordable difficulty, the course takes place on a limestone bar facing south and the Mont-Blanc. 🧑 From 12 years old

Chemin de Curalla

74190 **PASSY**

☎ +33 (0)6 61 46 51 45

lecabanondelaviaduplateau@gmail.com

www.ville-passy-mont-blanc.fr

CLIMBING BLOCKS IN PLAINE-JOUX

BLOCS SITE

A dozen blocks quoted from 3+ to 7c.

Plaine-Joux

74190 **PASSY**

☎ +33 (0)4 50 58 80 52 / +33 (0)4 50 78 00 03

info@passy-mont-blanc.com

www.passy-mont-blanc.com

CLIMBING SITES OF LARSES AND BARMUS

CLIMBING SITE

Sites in limestone. Wonderful view over the Mont-Blanc mountain range. Difficulty: 4b to 6b+ for Larses and 5b to 7a for Barmus.

Plaine-Joux

74190 **PASSY**

☎ +33 (0)4 50 58 80 52 / +33 (0)4 50 78 00 03

www.passy-mont-blanc.com

PLAINE-JOUX TAKE-OFF AREA

TAKE-OFF AND LANDING SITE

Plaine-Joux is ranked among the finest paragliding spots in the world! Opposite Mont-Blanc, the conditions are ideal here for flight practice throughout the year.

Chemin des parchets

74190 **PASSY**

☎ +33 (0)6 80 68 80 22

club.mont.blanc.vol.libre@gmail.com

www.cmbvl.fr

LES ÉCURIES D'ANTAN: HORSE RIDING CENTRE

EQUESTRIAN CENTRE

This horse riding centre provides riding lessons for beginners or more experienced riders, as well as trekking and hiking with horses and ponies.

1095 chemin de l'Epagny

74190 **PASSY**

☎ +33 (0)4 50 78 28 40

lesecuriesdantan@gmail.com

www.lesecuriesdantan.net

MERLET WILDLIFE PARK

ANIMAL PARK / ZOO

Come and observe the mountain animals wandering freely in this animal park with a magical setting, at 1500m altitude, just in front of the Mont-Blanc. Online booking required on weekends and daily in July and August.

2495 Chemin de Merlet

74310 **LES HOUCHES**

☎ +33 (0)7 67 22 82 69

contact@parcdemerlet.com

www.parcdemerlet.com

SWIMMING POOL IN MARLIOZ

SWIMMING POOL

The municipal swimming pool of Passy consists in a unique 25m long pool, with a depth of 0.95 m to 2.15 m. In summer, enjoy the opening on a shady park.

Piscine de Marlioz

74190 **PASSY**

☎ +33 (0)4 50 78 00 03

www.ville-passy-mont-blanc.fr

HIKE FROM ASSY PLATEAU TO LAC VERT BY THE NANT BORDON FOOTBRIDGE

HIKING ROUTE ITINERARY

Family walk very accessible that allows to link sport, culture and pleasure with its panoramic view of the Mont-Blanc. 🧑 From 6 years old

Place Tobé

74190 **PASSY**

☎ +33 (0)4 50 58 80 52

info@passy-mont-blanc.com

MOVIE THEATER "LA CAMÉRA"

CINEMA

LEISURE

Associative movie theater with original programming. Screening every Monday

Rue de l'Eglise

74190 **PASSY**

contact@ceneplateau.com

www.fjeppassy.wixsite.com/cinema

HOUSE OF THE NATURE RESERVE

Come and admire all the richness of the natural environments through the exhibition proposed by the House of the nature reserve in Plaine-Joux. 🧑 From 3 years old

321 chemin des Parchets

74190 **PASSY**

☎ +33 (0)623437266 / +33 (0)450902307

lucie.rousselot@cen-haute-savoie.org

reserve.passy@cen-haute-savoie.org

www.cen-haute-savoie.org

JARDIN DES CIMES



© David Delormio

The Jardin des Cimes welcomes you for an imaginary, sensitive, playful and educational mountain walk, to the discovery of alpine habitats and gardens of the world. Plan a 1 hour walk in this two-hectare park, facing the Mont-Blanc mountain range.

447 route du Dr Davy

74190 **PASSY**

☎ +33 (0)4 50 21 50 87

contact@jardindescimes.com

www.jardindescimes.com



Catering

Les Criques restaurant

Snack-Bar-Restaurant located on the edge of the lake in Passy. Jérémy and his team welcome you every day from mid April to late September. Groups, theme evenings, concerts, karaoké etc. Shady terrace.

839 route des lacs
74190 Passy

☎ **+33 (0)4 50 91 96 08**

lescriquespassy@gmail.com

Ô Pied du Lac restaurant

This restaurant is located at the entrance of the campsite "les Iles" at the edge of Lake Passy with its magnificent view of Mont-Blanc. On the menu : pizzas to eat-in or take-away, plates of truffled ham, grilled meats and fried fishes.

Route des Lacs
74190 Passy

☎ **+33 (0)6 13 79 86 22**

lafermedelachoumette@hotmail.fr

Lou Pachran - La Bougnetterie du Mont-Blanc

Large sunny terrace facing Mont-Blanc, fireplace corner inside. Winter and summer menus with Savoyard specialties.

290 chemin des Parchets
74190 Passy

☎ **+33 (0)4 50 58 82 47**

lou.pachran@gmail.com
www.loupachran.com

Restaurant Chalet Lilly

In Plaine-Joux, enjoy the sunny terrace of the restaurant whose specialty is the "farcement". Booking recommended.

310 chemin des Parchets
74190 Passy

☎ **+33 (0)4 50 58 83 13**

le-sabayon@orange.fr

Restaurant du Lac Vert

Traditional cuisine, homemade, favouring farm-to-fork, especially with local producers.

1600 chemin des Parchets
74190 Passy

☎ **+33 (0)4 50 78 55 14**

soulfoodsas@gmail.com

Restaurant La Bergerie

Located in Passy Plaine-Joux, bar, traditional restaurant and local specialties. Good wine list, terrace facing Mont-Blanc. Groups welcome.

314 chemin des Parchets
74190 Passy

☎ **+33 (0)4 50 93 80 51**

labergerie74@orange.fr

Restaurant: Châtelet d'Ayères

In the middle of nature facing the Mont-Blanc, this chalet refuge of the early 20th century, offers a famous terroir cuisine: röstiflette, potato fritters, homemade pies, "farcement"... Booking recommended. 25-minutes walk from the Lac Vert.

2241 chemin du Châtelet
74190 Passy

☎ **+33 (0)4 50 58 85 32**

lechateletdayeres@wanadoo.fr
www.lechatelet.monsite-orange.fr

Restaurant and brasserie Le Centre

Traditional food, specialties, group banquets. Terrace and fast service.

63 Place de la Mairie
74190 Passy

☎ **+33 (0)4 50 47 00 38**

lecentrepassy@wanadoo.fr
www.restaurantlecentre.com

Café du Jardin



©Catherine LEBLANC

From May to October, this outdoor restaurant offers a homemade and tasty cuisine, focusing exclusively on the Savoyard and/or organic sectors. To be enjoyed in a magical setting: the terrace of the Jardin des Cimes facing the Mont-Blanc.

Route du Dr Davy
74190 Passy

☎ **+33 (0)4 50 21 50 87**

contact@jardindescimes.com
www.jardindescimes.com

Restaurant la Cantine

Burger and cuisine from all around the world. Seasonal and homemade cuisine.

286 rue de l'église Plateau D'Assy
74190 Passy

☎ **+33 (0)4 50 53 63 38**

soulfoodsas@gmail.com

Le Fontenay restaurant

Partner of your gourmet escapades, the restaurant Le Fontenay welcomes you throughout the year, facing the Mont-Blanc mountain range. Located between Plateau d'Assy and Passy Plaine-Joux.

160 chemin du Fontenay
74190 Passy

☎ **+33 (0)4 50 93 89 92 / +33 (0)6 22 91 74 11**

le.fontenay@orange.fr
www.le-fontenay.fr



Hosting

HOTELS AND HOTELS-RESTAURANTS

Hotel Le Tourisme**

Enjoy the bar, the terrace and the view over the Mont-Blanc of this 10-room hotel located in Plateau d'Assy.

6 rue d'Anterne
74190 Passy

☎ **+33 (0)4 50 58 80 54 / +33 (0)6 80 03 66 40**

hotel.le.tourisme@wanadoo.fr
www.hotel-du-tourisme.fr

Hotel Sabaudia

This family-run 8-room hotel with terrace located in the Plateau d'Assy offers all the necessary amenities for your stay.

49 place Théophile Vallet
74190 Passy

☎ **+33 (0)4 50 58 81 27**

hotel.sabaudia@orange.fr
www.hotelsabaudia-plateaudassy.fr/

Holiday residence "le Fontenay Mont-Blanc"

Located minutes away from Plaine-Joux, Le Fontenay offers you a wide range of accommodations such as studio apartments or 4 rooms flats. Enjoy the view over the Mont-Blanc and the Mont-Joly.

160 chemin du Fontenay
74190 Passy

☎ **+33 (0)4 50 93 89 92 / +33 (0)6 22 91 74 11**

le.fontenay@orange.fr
www.le-fontenay.fr/

BED AND BREAKFAST

Guesthouse "Dans les Hauts"

This charming B&B can welcome up to 4 people in the Plateau d'Assy. Enjoy an exceptional setting for a breakfast facing the Mont-Blanc, with access to the garden. Ideal for a wellness stay, massages...

590 rue des Granges
74190 Passy

☎ **+33 (0)6 27 06 93 12**

marie.josso28@gmail.com
www.dansleshauts.com

LODGINGS AND FURNISHED TOURISM

Appartement "Les Clarines"



©Les Clarines

A spacious flat located in the area of the Abbaye which can accommodate up to 6 people, in front of the mountain range of the Fiz and Quatre Têtes.

499 rue du Plan
74190 Passy

☎ **+33 (0)6 84 29 08 09 / +33 (0)3 27 70 52 78**

svam.dorchies@bbox.fr

Appartement 2 "Fizhome Mont-Blanc"

This fully equipped 3-room chalet style, located on the ground garden of a house in Plateau d'Assy, will accommodate up to 6 people, ideal for a family stay.

511 avenue Jacques Arnaud
74190 Passy

☎ **+33 (0)6 67 25 48 85**

contact.fizhome@gmail.com
www.location-appartements-passy-fizhome.com

Chalet "La Folie Blanche"

La Folie Blanche is a pretty chalet located in the Plateau d'Assy. With its 5 bedrooms and 800m² of garden, it is ideal for a stay in a group of more than 10 people.

430 rue des Grands Champs
74190 Passy

☎ **+33 (0)6 24 14 35 87**

de.bernard@wanadoo.fr

Studio "Glermènes"

This single storey studio of 31m², will accommodate up to 4 people. It is located in a quiet area, on the hillside of Passy Chef-Lieu.

740 rue des Glermènes
74190 Passy

☎ **+33 (0)6 72 65 58 19**

patriciabenant@hotmail.fr

Appartement "L'Hermitage"

With a capacity of 8 people, in a luxury building, in Plateau d'Assy, this apartment has 3 bedrooms and two balconies overlooking the Mont-Blanc and the Fiz mountain range.

734 Avenue J.Arnaud
74190 Passy

☎ **+33 (0)6 61 81 95 51**

christine.protard@gmail.com

Appartement "Le Nain Jaune"

Located close to the Plateau d'Assy church, this independent chalet with panoramic views of the Mont-Blanc mountain range accommodates up to 4 people.

21 Place de l'Eglise
74190 Passy

☎ **+33 (0)6 09 23 65 83 / +33 (0)4 50 93 80 72**

vincentlegere@free.fr

www.vincentlegere.wix.com/nain-jaune

Appartement "Les Arbennes"

This 58sqm apartment is located on the ground floor of the chalet "Les Arbennes" in the Plateau d'Assy. South facing balcony with view over the Mont-Blanc. Fully equipped, it will accommodate a family up to 4 people.

37 sentier de la Motte
74190 Passy

☎ **+33 (0)4 50 93 86 01 / +33 (0)7 89 30 43 48**

morandjeanmarc@aol.com

Appartement "Les Griottes"

This 4-person apartment with a balcony is located in Chedde, 5 minutes from Lac de Passy, Saint-Gervais and 15 minutes from Plaine-Joux.

16 rue de la centrale
74190 Passy

☎ **+33 (0)6 33 20 88 63**

gelin.frederic@orange.fr

Appartement "Résidence d'Anterne"

This luminous apartment on the 1st floor of a chalet has a balcony and a south-facing terrace facing the Mont-Blanc chain. It will accommodate up to 4 people close to the church of the Plateau d'Assy.

283 rue d'Anterne
74190 Passy

☎ **+33 (0)6 25 16 82 95 / +33 (0)3 80 35 81 95**

guy.boulanger@wanadoo.fr

Appartement "Chez Eugène"

This renovated apartment in an old farmhouse will accommodate 2 people on the heights of Passy, in the old village.

40 montée Charles Bozon
74190 Passy

☎ **+33 (0)4 50 78 07 00**

annette.bordon@orange.fr

Appartement "Dans les Hauts"

This one-storey apartment with a maximum capacity of 8 people is located in the Plateau d'Assy. Enjoy its south-facing terrace with view over the Mont-Blanc.

590 rue des Granges
74190 Passy

☎ **+33 (0)6 27 06 93 12**

marie.josso28@gmail.com
www.dansleshauts.com

Appartement "Le Mont Joly"

Enjoy your breakfast facing the Mont-Blanc in this pretty little studio located in the Plateau d'Assy for 4 people. In summer, enjoy the garden furniture.

590 rue des Granges
74190 Passy

☎ **+33 (0)6 27 06 93 12**

marie.josso28@gmail.com

Appartement "Les Aiguilles II"

This 2-room flat located in Chedde in a quiet building will accommodate up to 4 people. Balcony overlooking the mountain ranges of the Aravis and the Fiz.

147 avenue du Coteau
74190 Passy

☎ **+33 (0)6 20 19 77 26**

jc.54.melin@gmail.com

Appartement "Les Airelles"

This 50m² apartment with mountain views will accommodate up to 5 people in a quiet area close to shops and many amenities such as swimming pool or tennis court.

91 allée du Verger
74190 Passy

☎ **+33 (0)7 88 43 42 56 / +33 (0)4 50 78 13 24**

gilbert.giusti@wanadoo.fr

Appartement 1 "Chez Francis"

1 bedroom apartment up to 4 people.

530 Chemin du Loisin
74190 Passy

☎ **+33 (0)4 50 58 33 03 / +33 (0)6 79 39 08 79**

Appartement 1 "Fizhome Mont-Blanc"

This fully equipped apartment in a mountain house in Plateau d'Assy facing south will accommodate up to 3 people.

511 avenue Jacques Arnaud
74190 Passy

☎ **+33 (0)6 67 25 48 85**

contact.fizhome@gmail.com

www.location-appartements-passy-fizhome.com

House Lauret

At 1000m altitude, in the Plateau d'Assy, this independent house can comfortably accommodate 7 people. It is facing south with a large terrace and a breathtaking view of Mont-Blanc.

486 rue des Granges
74190 Passy

☎ **+33 (0)6 08 73 73 63**

guy.lauret@9online.fr

Appartement "Au balcon de Passy"

Located on the heights of Passy, at an altitude of 850m, bordering the forest in a quiet and relaxing place, this warm, modern and functional apartment will accommodate up to 4 people.

60 Impasse des Biollay
74190 Passy

☎ **+33 (0)6 31 83 42 82**

aubalcondepassy@gmail.com

LODGINGS AND FURNISHED TOURISM

Chalets "Les Greniers du Mont-Blanc"

Take the key to the mountains by settling into one of the wooden cocoons of the Greniers du Mont-Blanc. The site consists of 10 small 2-bedroom chalets and a 6-bedroom prestige chalet on the sunny hillside of Passy.

201 Impasse de la terrasse
74190 Passy

☎ **+33 (0)6 75 04 60 28 / +33 (0)4 50 78 00 98**

info@greniers-mont-blanc.com
www.greniers-mont-blanc.com

TOURIST RESIDENCES

Chalet Refuge de Mayères

Traditionnal and quality cooking. Situated in Sallanches, the "Refuge de Mayères", nearby the Aravis chain, has a unique sight on the Mont-Blanc chain, with one the the last landing zone of Haute-Savoie.

Alpage de Mayères
74700 Sallanches

☎ **+33 (0)4 50 78 29 28 / +33 (0)6 81 07 16 36**

martinattorobert@gmail.com
www.refuge-mayeres.com

Alfred Wills mountain refuge

Authentic, simple and good quality, this mountain refuge hut is located at the "Chalets d'Anterne". Accessible from Sixt in two hours via the beautiful waterfall of La Pleureuse, it is advisable to arrive in the afternoon to allow time to enjoy the peace and quiet of the surrounding pastures. For children from 5.

Alpage d'Anterne
74740 Sixt-Fer-à-Cheval
☎ **+33 (0)6 70 63 12 45**

bpezet@orange.fr
www.refuge-wills.com

Platé Refuge

Sylvain and Federica welcome you to the Platé refuge: a small refuge with a capacity of 35 people nestled in the hollow of a limestone plateau suspended in front of the breathtaking Mont-Blanc mountain range. No credit card.

74190 Passy
☎ **+33 (0)6 47 20 05 87**

refuge.deplate@yahoo.fr
www.refugedeplate.fr

Sales mountain refuge

Refuge located in a preserved valley in the heart of the Sixt-Fer-à-Cheval nature reserve. Family hike appreciated for its numerous waterfalls amidst ibex, chamois and marmots.

Alpage de Sales
74740 Sixt-Fer-à-Cheval
☎ **+33 (0)9 88 18 42 93**

refugedesales@orange.fr
www.refugedesales.com

Les Fonts mountain refuge

Refuge located at the entrance of the wild Cirque des Fonts. The Fonts alpine pasture reveals itself as a jewel in a setting of unspoiled nature.

Cirque des Fonts
74740 Sixt-Fer-à-Cheval
☎ **+33 (0)4 50 34 12 41**

refugedesfonts@gmail.com
www.lesfonts.com/

Mountain Refuge Hut: Refuge du Châtelet d'Ayères

This small family refuge located at 1425m altitude is ideal for a first night stop on the Tour des Fiz hike: it offers 25 beds including 9 private rooms. Enjoy the local cuisine in this magnificent setting facing the Mont-Blanc. No credit card.

2241 Chemin du Châtelet
74190 Passy
☎ **+33 (0)4 50 58 85 32 / +33 (0)6 60 81 37 82**

lechateletdayeres@wanadoo.fr
www.lechatelet.monsite-orange.fr

Grenairon mountain refuge

Enjoy 360° panoramic views of Mont Buet, the valley of Arterne and the majestic Fiz mountain range with Mont Blanc in the background. The villages of Samoëns and Sixt and the Giffre Valley can be seen below.

Le Grenairon
74740 Sixt-Fer-à-Cheval
☎ **+33 (0)4 50 34 47 31**

contact@grenairon.com
www.grenairon.com

Gers lake refuge

The Gers mountain hut welcomes you into a magnificent setting bursting with wonderful flora and fauna. The gite also offers traditional and authentic savoyard cooking on the lakeside.

Lac de Gers
74340 Samoëns
☎ **+33 (0)9 88 28 44 07**

contact@gitedegers.com
www.refugedulacdegers.fr

CAMPSITES

Tohapi Campsite "Les Iles"***



Les Iles*** is the ideal campsite for your family holidays! Relax and enjoy the view over the Mont-Blanc, the lake of Passy and its leisure center.

245 route des Lacs
74190 Passy
☎ **+33 (0)4 30 05 15 19 / +33 (0)4 30 05 15 04**

acciles@tohapi.fr
www.tohapi.fr/rhone-alpes/camping-montagne-iles.php

Village-Mont-Blanc l'Écureuil Campsite

In a green setting, this campsite offers mobile homes, chalets for up to 8 people and pitches. Open all year round, enjoy the Lake of Passy and its leisure centre at 600m and many hiking departures and ski resorts at less than 15min.

132 route de l'Arve
74190 Passy
☎ **+33 (0)4 50 58 43 67**

camping@v-mb.fr
www.camping-ecureuil.com

Plaine-Joux natural campsite area

At the gates of the nature reserve and close to many activities and hikes, the natural camping area welcomes you all summer long in a unique setting facing the Mont-Blanc.

Chemin des Parchets
74190 Passy
☎ **+33 (0)4 50 58 80 17 / +33 (0)6 33 98 21 01**

c.louvel@mairie-passy.fr
www.ville-passy-mont-blanc.fr/aire-naturelle

Plaine-Joux motorhomes area

During summer and winter, the Plaine-Joux natural camping area welcomes motorhomes on reserved pitches. Close to many hikes and activities, you will also enjoy the exceptional panorama of Mont-Blanc

Chemin des Parchets
74190 Passy
☎ **+33 (0)4 50 58 80 17 / +33 (0)6 33 98 21 01**

www.ville-passy-mont-blanc.fr/aire-naturelle

Shops and services

Shops

FOOD SUPPLY

Chocolate / ConfectioneryChocolaterie Les
Gourmandises de Manon

Black, white or milk... all our creations are handcrafted in our workshop located on the main square of the village of Chedde.

8 rue Paul Corbin

74190 **PASSY**

+33 (0)7 60 65 22 26

lesgourmandisesdemanon74@gmail.com

<https://lesgourmandisesdemanon.com/>

Regional product supplyLes Confitures de la
Création

More than 35 different flavours of homemade jam are available for sale.

181 rue des Cardinolins

74190 **PASSY**

+33 (0)4 50 93 68 39

confiture.creation@gmail.com

www.confituresdelacreation.fr

Grocery store / Supermarket

Le P'tit Panier d'Assy

In Assy Plateau, this store offers general food, cold cuts and cheeses, regional products, bread and pastries, cakes on order, gas

242 Rue de l'Eglise

74190 **PASSY**

+33 (0)4 50 89 98 84

Sales point for local producers

La Fruitière du Mont-Blanc



The 40 farmers of the Pays Mont-Blanc cooperative welcome you to La Fruitière. Come and discover our local products: cheeses from Savoie, local farm products, local meat, home-made salt-cured charcuterie, and more.

63 impasse de la Fruitière

74700 **DOMANCY**

+33 (0)4 50 53 77 79

contact@lafruitièredumontblanc.fr

jema0108@orange.fr

www.lafruitièredumontblanc.fr

Le Blaireau qui Brasse

Artisanal beers with natural and high-quality raw materials, without additives or preservatives. They are unpasteurized and unfiltered. Light, amber, white and IPA beers.

74190 **PASSY**

+33 (0)7 68 58 09 27

contact@blaireau-brasserie.com

Supermarket

Super U Passy



Super U Passy, supermarket, gas station and shopping center with several shops: hairdresser, bakery, optician, florist. In summer, enjoy the rental of electric mountain bikes.

91 avenue de Marlioz

74190 **PASSY**

+33 (0)4 50 78 20 92

superu.passy@systeme-u.fr

www.magasins-u.com/superu-passy

EQUIPMENT RENTAL**Via Ferrata equipment**Le Cabanon de la Via
Ferrata

Full equipment rental for the via ferrata. The cabin also welcomes you for a drink.

392 chemin de Curalla

74190 **PASSY**

+33 (0)6 61 46 51 45

lecabanondelaviaduplateau@gmail.com

Bikes or mountain bikesLou Pachran Vélo
électriques du Mont-Blanc

Come and rent a bike just under our restaurant Lou Pachran for a nice tour with view over the Mont-Blanc.

290 chemin des Parchets

74190 **PASSY**

+33 (0)4 50 58 82 47

lou.pachran@gmail.com

www.loupachran.com

TRADES OF ART

Photographer

Périne Bonnard,
photographer

Périne exhibit her photos on her online shop, and helps you with your choice, so that your interior decoration can be artistic, unique, original and local.

74190 **PASSY**

☎ +33 (0)6 42 06 28 53

photo@perinebonnard.com

www.perinebonnard.com

Upholsterer/decorator

Atelier Julie Croizet



Julie, upholsterer, proposes the refurbishment of your old or contemporary seats, but also tailor-made curtains, walls or blinds.

40 rue des grands champs

74190 **PASSY**

contact@atelierjuliecroizet.com

www.atelierjuliecroizet.com

SMALL TO LARGE DISTRIBUTION

Games and toys

Terre de jeux

Juggling and toy shop...and a fun innovator!

46 rue des Allobroges

74700 **SALLANCHES**

☎ +33 (0)4 50 91 31 22

contact@terre2jeux.com

www.terre2jeux.com

Sports shop

Mountain Store Décathlon

The Mountain Store is a Decathlon of 3,000 m², 100% dedicated to mountain sports! The shop also offers other services: catering, reservation of tourist activities, ski passes...

170 avenue Léman-Mont Blanc

74190 **PASSY**

☎ +33 (0)4 50 78 50 00

Skifiz Newfiz Sport -
Skimium



©Skifiz - Newfiz - Sport Skimium

Rental of equipment for alpine skiing, cross-country skiing and skating, ski touring, snowboarding, snowshoeing, tobogganing, snowtubing. Sale of clothing, materials, accessories and souvenirs.

324 chemin des parchets

74190 **PASSY**

☎ +33 (0)4 50 58 87 21

skifizsport@orange.fr

www.skimium.fr/station/passy-plaine-joux

SERVICES

COMMUNICATION

Printer

1ère Trace, workshop for
creation and printing

We listen, advise and deliver your communication project, from graphic design through to printing Business cards, flyers, posters, brochures, hanging banners, roller banners, photos, billboards, signs, adhesive lettering, display decals and more...

399 rue Antoine Pissard

74700 **SALLANCHES**

☎ +33 (0)4 50 58 90 69

contact@premiere-trace.com

www.premiere-trace.com

REAL ESTATE

Real estate agency

Mont-Blanc Immobilier

Mont-Blanc Immobilier has more than 40 years of experience in mountain real estate and supports you in all your real estate projects in transaction, year-round and seasonal rental and in trustee/condominium management.

947 avenue de l'Aérodrome

74190 **PASSY**

☎ +33 (0)4 50 21 86 86

passy@mb-immobilier.com

www.mont-blanc-immobilier.fr

MEDICAL PROFESSION

Pharmacy

Pharmacie des Fiz

Pharmacy at the Plateau d'Assy

77 rue de l'Eglise

74190 **PASSY**

☎ +33 (0)4 50 58 80 06

pharmacie.fiz@wanadoo.fr

Pharmacie des Cîmes

Drugstore located in Passy next to the shop Super U

181 avenue de Marlioz

74190 **PASSY**

lapharmaciadedescimes@orange.fr

www.pharmacie-descimes-passy.fr

LEGAL AND FINANCIAL SERVICES

Accounting firm

Cabinet Alliance Conseil

Alliance is strength...

545 rue du Colonney

74700 **SALLANCHES**

☎ +33 (0)4 50 58 00 19

saallianceconseil@allianceexpert.com

www.groupealtitude.expert/alliance-conseil-expert-comptable-sallanches

TRANSPORT COMPANY

Coach operators

SAT Transport

The SAT company provides transports for individuals and groups.

195 avenue Raches

74190 **PASSY**

☎ +33 (0)4 50 78 05 33

passy@sat-autocars.com

www.sat-montblanc.com

ASSOCIATIONS

ASSOCIATION FOR PEOPLE WITH DISABILITIES

Loisirs Assis Evasion

This association enables a great number of disabled people to enjoy a choice of alpine activities: skiing. Qualified instructors.

266 impasse Boesna

74190 **PASSY**

☎ +33 (0)6 73 39 81 78

contact@loisirs-assis-evasion.com

www.loisirs-assis-evasion.com

CULTURAL ASSOCIATIONS

Centre de Recherche et d'Etude sur l'Histoire d'Assy (CREHA)

Research, diffusion, entertainment, cultural actions, saving and promotion of the history and heritage of Plateau d'Assy.

4301 route du Plateau d'Assy

74190 **PASSY**

anne.tobe@orange.fr

www.passy-culture.com

Association Montagne en Pages



This association has been organizing the Alpine Literature Show in Passy since 25 years.

74190 **PASSY**

☎ +33 (0)4 50 78 17 87 / +33 (0)6 38 80 62 35

salon.livre.montagne@orange.fr

www.salondulivrepassy.com

Foyer des Jeunes et d'Education Populaire (FJEP)

The FJEP youth club is an association that proposes several sports, cultural and recreational activities to local youths and adults.

275 rue Arsène Poncet

74190 **PASSY**

☎ +33 (0)4 50 93 67 11

fjep.passy@orange.fr

Groupe folklorique Lou Folatons

The purpose of this dance group is to make the connection with the past of our ancestors by reproducing the warm atmosphere of the old vigils, daily life, holidays and old works.

165 Impasse de Plan champ

74190 **PASSY**

☎ +33 (0)4 50 47 56 45

lilianeduval@orange.fr

La Crèmerie : atelier et galerie

La Crèmerie is a contemporary art space hosting temporary exhibitions and cultural events from April to September.

273 rue de l'Église

74190 **PASSY**

☎ +33 (0)7 69 85 09 07

contact@cremerie.art

www.cremerie.art

La troupe des Hauts Plateaux

The Hauts Plateaux troupe performs its art in the open air, addressing current ecological concerns and establishing a link between nature and culture. The approach is to create a place of questioning and dialogue with the public.

74190 **PASSY**

festivaldeshautsplateaux@gmail.com

Centre de la Nature Montagnarde

9 route de Doran

74700 **SALLANCHES**

☎ +33 (0)4 50 58 32 13

contact@centrenaturemontagnarde.org

www.centrenaturemontagnarde.org

SPORTS ASSOCIATIONS

La Grimpée des Ayères

Association in charge of the organisation of the event "La Grimpée Chedde les Ayères"

74190 **PASSY**

adrien.descombes@gmail.com

kaczmarek74@wanadoo.fr

www.grimpee-chedde-ayeres.com

Association de Pêche et Pisciculture

The association organizes fishing competitions and animations on the fishing reservoir of Warens (opposite the secondary school).

74190 **PASSY**

☎ +33 (0)7 71 68 27 38

eric.renson@orange.fr

Union Cycliste Passy Mont-Blanc

This cycling club offers bike learning through mountain biking from the age of 6 and organizes every year a mountain bike event in Plaine-Joux.

74190 **PASSY**

ucpassy@ucpassy.fr

www.ucpassy.fr

Ski Club Passy Varan

The local ski club is for children and young skiers. The club proposes training sessions, competitions and skiing for leisure. The club also organizes the early season ski and snow show, the wine show and in a partnership with the famous "Grimpée Chedde-Les Ayères".

129 Chemin des Remondins

74190 **PASSY**

☎ +33 (0)4 50 78 08 92 / +33 (0)6 08 93 72 21

bernardcolin74@orange.fr

www.skiclub-passy-varan.com

Club Mont-Blanc Vol libre

The local paragliding club is in charge of the management of take-off and landing spots in Passy. The club also organizes numerous events and outings.

74190 **PASSY**

club@cmbvl.fr

www.cmbvl.fr

Sallanches Passy Athletic Club (SPAC)

The SPAC is an athletics club affiliated to the FFA on the municipalities of Sallanches and Passy. Athletics sports, trail running...

74190 **PASSY**

spac.athle@gmail.com

www.spac-athle74.fr

OTHER ASSOCIATIONS

CEN74-Asters

In partnership with many organizations, the conservatory of natural spaces in Haute-Savoie (CEN 74) aims to carry out a mission of general interest on the knowledge and enhancement of natural spaces and species.

84 route du Viéran

74370 **ANNECY**

+33 (0)4 50 66 47 51

contact@cen-haute-savoie.org

www.cen-haute-savoie.org



Passy Plaine-Joux

THE ADVENTURE
begins here ...



Opening of the ski area

From December 19, 2021
to March 20, 2022